

Single Vision August 2018 Newsletter

“Welcoming all, presenting values based on the teachings of Christ”

First Broad Street United Methodist Church, Church Circle, Kingsport, TN

TALENT SHOW—If you would be willing to participate in a Single Vision Talent Show, call Jane at 423 246-1727

Monday, August 6, 6:30 PM, Shelter 9, Eastman Bays Mountain Recreation Area—Potluck Picnic

Bring a food item to share (*with serving utensil*) and a beverage for yourself. Ice and paper products will be provided. For fellowship time bring your musical instruments and favorite items for outdoor recreation activities, board and card games. Or just sit and chat or take a walk. Children welcome. **Dinner is at 6:30 PM**, but the shelter is reserved from 4-10 pm. No reservations required.

Tuesdays, Aug. 7, 14, 21, 28, 2:00 pm Casual Afternoon Walks, Greenbelt Parking Area Beside PetSmart (2003 N. Eastman Rd.—East Stone Commons) near the Greenbelt Sign Attend when you wish. Those who show up determine the direction and duration of the walk. After the walk those who wish may go for refreshments. We will continue to alternate locations from month to month—Netherland Inn or PetSmart. Other suggestions?

Monday, August 13, 6:30 PM- Fellowship Hall, Dinner and Program—“Ask the Pharmacist”

A pharmacist from Colonial Heights Pharmacy will be available to discuss ways to keep your many medications in order and to answer questions you may have about your personal medications, such as drug interactions and potential side effects. There could also be discussions on costs and the prescription drug addiction problem.

Dinner: Barbecue pork, baked beans, potato wedges, slaw, dessert and beverage. Cost: \$7. Reservations are needed by noon, Fri., Aug10 (423 224-1502). The program begins at 7:15 pm and no reservations are needed for the program. **SEE NOTE****Enter the church through the 1st door of the Fellowship Hall.

Tuesday, August 14, 5:00 PM Dinner and Movie, Ft. Henry Mall (2101 Ft. Henry Dr.)

We continue our 2nd Tuesday movies as rates are \$5 on Tuesdays. Meet outside the Picadilly Cafeteria at 5pm.

The group will decide where to eat and the movie choice. Host: Robert Seaton (423 239-3008 or 423 612-3008)

Thursday, August 16, 6:30 PM Putt-Putt, 346 W. Stone Dr. at Teasel Dr.

Join hostess Joyce (423 245-7734) for putt-putt. Both courses for \$3. Stay for card games afterward.

Monday, Aug. 20, 6:30 PM-Fellowship Hall-Dinner and Bays Mountain Nature Preserve and Planetarium Wolves Program with Ranger Naturalist Rhonda Goins

Rhonda will share information on the wolf program and her involvement. She has stayed overnight with the baby wolves and helped to socialize them with the other wolves. Perhaps she will tell us when we can come to a wolf howling. Should be a most interesting program that you don't want to miss. **Dinner:** Summer bounty meal with new potatoes and sausages, squash/peppers/onion medley, green beans, fresh tomatoes and cucumbers, and fresh melon. Cost: \$7. Reservations are needed by noon, Fri., Aug. 17 (423 224-1502). Dinner begins at 7:15 pm and no reservations are needed for the program only. **SEE NOTE****Enter the church through the first door of the Fellowship Hall.

Monday, August 27, 6:30 PM Greenbelt Walk and Dinner at Santa Fe Mexican Restaurant (1213 E. Stone Dr.) Meet in the lower parking lot beside PetSmart near the Greenbelt sign ([East Stone Commons-2003 N. Eastman Rd.](#)) for a leisurely hour walk (at your own pace). After the walk, meet at Santa Fe at ~7:45. IN CASE OF HEAVY RAIN OR STORMS meet at Santa Fe at 6:30. Join us for dinner if you do not wish to walk.

Saturday, Aug. 25, 9:30 A.M. Bus Trip to Brown Bear Lodge (Butler, TN) and Dinner at Shirley's

We have a unique opportunity to spend the better part of the day at the beautiful vacation home of Paul and Betty Brown (cousins of John Powers) on Brown Mountain overlooking Watauga Lake. There will be plenty of time to relax on the porch, play board and card games (bring your favorites), visit with each other, and maybe have some live music. **Depart the FBSUMC Wanola St. parking lot at 9:30 AM.** Expect to arrive at the Lodge around 11. **Bring a light lunch for yourself (and maybe some snacks).** Ice and a limited drink selection will be provided. We will wind up the day with a sumptuous family-style meal at Shirley's Restaurant at 6 PM. Costs: Bus \$2, Shirley's \$20. Sign up Mondays or call Jane (423 246-1727) Host: John Powers (423 335-5697).

In Memory of: Nancy Taylor, Jack Pippin, Carolyn Barnes

This and That We welcome your input on programs, activities and meals and welcome those who would like to join the planning committee. Normal meeting times are 10AM on 2nd Thursdays. Give Jane (423 246-1727) or Dave (daveredd@gmail.com) your input. Most of all we encourage your presence on Monday nights and other planned activities.

Meal-A-Month Program The Planning Committee is aware that many members of Single Vision are on limited fixed incomes and cannot always afford the \$7 meal costs and recommended a program with funds donated by Single Vision participants. Persons in this category would be eligible potentially for one meal/month depending on availability of funds. If you think you could spare \$7 occasionally to support this program, a basket will be available Mondays, with all funds going to this cause. This would start on a trial basis. Tell us what you think.

****Locked Door Policy-**All church doors will be locked at 6PM on Mondays. When we meet in the Fellowship Hall, enter through the 1st door of the Fellowship Hall. **Shades of**

Grace-Drop by between 10AM and 4PM weekdays to help or visit with the people Shades of Grace serves and see what their needs are. Food donations of breakfast items including fresh fruits and vegetables during the summer months are appreciated. **Safe House**-Items needed are clothing for adult women, infants and children to age 10, socks and underwear; personal care items; bedding for single beds and cribs; paper products, etc. **Alcohol**-It is a Single Vision policy that alcohol will NOT be consumed at any Single Vision function. **Meal Policy**-Remember-meal reservations are binding and unless someone is available to take your reservation, you will be expected to pay. To cancel, call the 24-hour reservation line (423 224-1502) BY 8:30 AM Monday morning. If you learn after 8:30 that you cannot attend, call the church office (423 224-1500) to inform them and we will try to fill your spot. Single Vision cannot afford to pay for these meals. Thanks for your understanding. **Inclement Weather Policy**-We will follow the church policy on cancellation of our programs in the event of inclement weather. If the Kingsport City Schools are closed early because of the weather, the Single Vision evening programs will be cancelled. Every effort will be made to notify registered participants, but you may call the church at 423-245-4771 and go to Voice Mail Box 8 for a message regarding cancellation or check the web site at www.fbsumc.org. Or you may call Jane at 423-246-1727.

***Please notify a Single Vision contact to update your address and phone number, email, or to be removed from our mailing list. Contact Jane Adams (423-246-1727) or email daveredd@gmail.com.