

## **Single Vision February 2017 Newsletter**

"Welcoming all, presenting values based on the teachings of Christ"

First Broad Street United Methodist Church, Church Circle,  
Kingsport, TN

### **Monday, Feb. 6, 6:30 pm – Fellowship Hall – Dinner and Program on Echo cardiograms and Heart Disease Diagnostics**

Heart disease is still the leading cause of death in this area despite medical advances. Pam Peterson of the Welmont Heart Center will discuss echo cardiogram use in heart disease diagnostics. This is a perfect topic for February Heart Disease Emphasis.

Dinner: A variety of hearty soups, salad, bread, beverage, dessert. Cost \$7. Reservations are needed by noon, Fri., Feb. 3 ([423-224-1502](tel:423-224-1502)). Reservations are not required for the program only which begins at 7:15pm. **NOTE**: Enter church through first door of Fellowship Hall.

**Tuesdays – Feb. 7, 14, 21,28, 2:00pm – Casual Afternoon Walks –** Greenbelt Parking Area Across from Netherland Inn (2114 Netherland Inn Rd.) Attend when you wish and those who show up determine the duration and direction of the walk. After the walk, those who wish may go for coffee and ice cream.

### **Saturday, Feb. 11, - 10:45am – First Broad Street United Methodist Church Wanola Street Parking Lot for Bus Trip to Jonesborough**

Depart Wanola St Parking Lot at 10:45am for bus trip to Jonesborough for lunch at the Black Olive Restaurant (125 E. Jackson Blvd) and matinee performance of Kiss Me Kate at the Jonesborough Repertory Theatre. Cost for play and bus trip is \$16. Lunch on your own. Sign up Mondays or phone Jane ([423-246-1727](tel:423-246-1727))

### **Monday, Feb. 13, 6:30pm – Fellowship Hall – Dinner and “Songs of Love” Music Program with Bob Garver** (Director of Traditional Music and Worship at First Broad Street United Methodist Church)

Bob Garver will present songs of love in keeping with our Feb. heart/love theme. Bob has a beautiful tenor voice and locally has sung lead in the Messiah. He is a talented musician who has composed music as well. He is comfortable performing a variety of music genres. Don't miss this evening of beautiful music.

Dinner: Roast beef, twice baked potato, green beans amandine, salad, dessert, bread, beverage. Cost \$7. Reservations are needed by noon, Fri., Feb. 10 ([423-224-1502](tel:423-224-1502)). Reservations are not required for the program only which begins at 7:15pm. **NOTE**: Enter church through first door of Fellowship Hall.

**Tuesday, Feb. 14, 5:00 pm – Dinner and Movie**

Ft. Henry Mall aka Kingsport Town Center – 2101 Ft. Henry Dr. Senior movie price at Frank's Theatres is \$5.50 on Tuesdays.

Let's take advantage of this with dinner and a movie. Meet outside the Picadilly Cafeteria at 5pm. The group will decide where to eat and the movie choice. Host: Emma Arnott ([423-256-2304](tel:423-256-2304)).

**Monday, Feb. 20, 6:30pm – Fellowship Hall – Potluck Dinner and Program on Kingsport Senior Center with Michelle Talbert**

Michelle Talbert, of the Kingsport Senior Center, will outline the many and diverse programs / activities offered at the Center and answer your questions. As this information is relative for all seniors, married as well as singles are invited to attend.

Dinner: Bring a food item to share (with serving utensil) AND A BEVERAGE FOR YOURSELF. No reservations required. **NOTE:** Enter church through first door of Fellowship Hall.

**Monday, Feb. 27 – 6:30pm – MOVIE NIGHT – Theatre Room – 2<sup>nd</sup> floor – Wesley Wing**

Our movie will be a mystical love story with an ironic twist. Free popcorn. No reservations required.

**NOTE:** Church doors are locked. Come to the Wesley Wing doors by 6:30 pm and someone will let you in. Plan ahead - Obtain a cell phone number to call if you do not arrive by 6:30pm.

**THIS and THAT**

For March events, plan for our St. Patrick's day concert/dance with Mark Larkins on March 13\* and two Lenten presentations by Rev. Dr. Spurgeon McCartt at 5pm before our regular Monday meetings. As usual, we welcome your input on programs, activities and meals and welcome those who would like to join the planning committee. Normal meeting times are 10AM on 2<sup>nd</sup> Thursdays. Give Jane ([423-246-1727](tel:423-246-1727)) or Dave ([daveredd@gmail.com](mailto:daveredd@gmail.com)) your input. Most of all we encourage your presence on Monday nights and other planned activities.

\* Alumni are invited to attend this event so spread the word.

**Inclement Weather Policy** – We will follow the church policy on cancellation of our programs in the event of inclement weather. – If the Kingsport City Schools are closed early because of the weather, the Single Vision evening programs will be cancelled. Every effort will be made to notify registered participants, but you may call the church at [423-245-4771](tel:423-245-4771) and go to Voice Mail Box 8 for a message regarding cancellation or check the website at [www.fbsumc.org](http://www.fbsumc.org). Or you may call Jane at [423-246-1727](tel:423-246-1727).

**Shades of Grace** – Drop by between 9AM – 3PM weekdays to help or visit with the people Shades of Grace serves. Food donations needed are canned

goods, bread, sandwich fixings (sliced meats, cheese, peanut butter, jelly, etc.), non-perishable packaged foods (e.g., snacks, fruit or pudding cups) that do not require heating or a can opener, fresh fruits and vegetables. Clothing can also be donated.

**Safe House** - Items needed are clothing for adult women, infants and children to age 10, socks and underwear; personal care items; bedding for single beds and cribs; paper products, etc.

**Locked Door Policy** – All church doors will be locked at 6pm on Mondays. When we meet in the Fellowship Hall, enter through the 1<sup>st</sup> door of the Fellowship Hall.

**Meal Policy** – Remember – meal reservations are binding and unless someone is available to take your reservation, you will be expected to pay. To cancel, call the 24-hour reservation line ([423-224-1502](tel:423-224-1502)) BY 8:30 AM Monday morning. If you learn after 8:30 that you cannot attend, call the church office ([423-224-1500](tel:423-224-1500)) to inform them and we will try to fill your spot. Single Vision cannot afford to pay for these meals. Thanks for your understanding.

\*\* Please notify a Single Vision contact to update your address and phone number, email, or to be removed from our mailing list. Contact Jane Adams ([423-246-1727](tel:423-246-1727)) or email [daveredd@gmail.com](mailto:daveredd@gmail.com).