



# THE SPIRES

March 14-March 20, 2010

*Glorifying God through knowing Christ and making Him known*

## Leadership Academy 2010

The 2010 Class of the Leadership Academy at First Broad Street UMC has been meeting regularly since the beginning of February. Fifteen adults have committed to the goal of the Academy, which is *“to equip established and emerging leaders to influence our church, our community, our country, and our world in a way that glorifies God.”*

Class members have been exposed to the structure and ministries at this church, as well as engaging in conversations around “Wesley in the 21<sup>st</sup> Century,” “The Essential Practices of Leaders,” “An Introduction to Servant Leadership” and “Our Local Church History.” These sessions have been led by church and conference leaders, and have offered opportunities for reflecting on the unique calling of leaders in churches.

Small groups within the class have been tasked with considering how First Broad Street UMC may respond to the General Conference’s Four Areas of Focus for 2008 – 2012. These four areas are:

- Developing Principled Christian Leaders for the Church and the World
- Creating new places for new people and renewing existing congregations
- Engaging in ministry with the poor
- Stamping out the killer diseases of poverty by improving health globally

These groups will present their work on Thursday, March 18, 2010 at the last session for the Academy. They will also present their projects to CLC and WINGS at a later date. Graduation recognition for the class will be on Sunday, March 21, at 8:30 Contemporary and 10:45 Traditional services.

Please continue to pray for these participants as they respond to God’s call on their lives: David and Miggie Atkinson, Patsy Brooks, Josie Bwawa, Jim Cooper, Roy Geno, Sissy Heaton, Wayne Hoard, Jim Hutchins, Anna Manley, Lucy Stewart, Pat Turner, Dorothy and Fred Wallin, and Dianne Scott. Many thanks to the Class of 2009 members who have helped with the logistics for the class, including Gail Preslar, Emily Lemieux, Roger Hanz, Rebecca Yarosh, Chris Taylor, and David Oaks. Special thanks to our caterer, Cindy Lemons, and to the Design Team under the direction of Nick Grabar.



**Marriage Enrichment Weekend—  
An enriching experience no matter how long  
you have been married!!  
April 16 – 18, 2010**



Plan to attend the Marriage Enrichment Weekend this year on April 16 – 18, 2010. The Weekend will be led by Pete and Ginny Rowlett, certified leaders by the Association of Couples in Marriage Enrichment. Sessions will take place at the church, and childcare will be offered for the Friday evening and Sunday morning sessions.

The Friday session will begin with a candlelight dinner at 6:00 and conclude by 9:00 p.m. Saturday will begin with coffee and doughnuts at 8:30, go through lunch, and conclude at 5:00 p.m. Sunday session will begin at 9:00 a.m. and conclude in time for 10:45 worship. Cost is \$50.00 per couple, which includes all meals and childcare on Friday and Sunday. Registration is limited to 15 couples. Please call 224-1513 to register by April 11, 2010.

## Rev. A. Clark Jenkins Projected As District Superintendent

Clark announced to the staff on Thursday, March 4, 2010, that Bishop Swanson had informed him on Tuesday that he would be moving to the Cabinet and become a District Superintendent in June. The announcement has caught us by surprise. More information will follow when it is available.



**Remember to change your clocks!!!**

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### Contact Us

Church Office	423-246-4471
Prayer Line	423-224-1544
Reservations	423-224-1502
Child Care Ctr	423-224-1527
Fax Number	423-246-1361
website:	<a href="http://www.fbsumc.org">www.fbsumc.org</a>

## Prayer Corner

**There is nothing that makes us love a man so much as praying for him.**

*~ William Law*



# CHURCH FAMILY NEWS

## Recently Hospitalized . . .

**Indian Path:** Jim Dobyns

**Discharged:** Betty Price, Betty Dye, Bill Thomsen, Kay Morrison, Reece Leon Lane, Bob Viers, Charles Early



to **Jennifer McDavid, Michael Thomas, and Courtney Carter** on the death of their grandfather, **Ernest Thomas**, who died March 2.

## FBS Welcomes Our New Members . . .

**Daine Elise Karst and Luke Aaron Stocker**, 1504 Dobyns Dr., 37664, sponsored by Fred and Betsy Cooper, baptized and joined by profession of faith and as transfer from Bethlehem Baptist in Berea, KY, respectively.

## New Member Classes

Our next New Member Class will be held in the library during the Sunday school hour at 9:30 a.m. There will be a class on March 14 that will explore doctrine, UM beliefs and history. The second class will be held on March 21 in the Parlor and will provide information on how you can be a part of a small group or ministry. We will then have our Membership Sunday on March 28. Whether you are a newcomer or a long-time member, we welcome you to come and learn about FBSUMC. Contact Janet Batts at 224-1514 or [jbatts@fbsumc.org](mailto:jbatts@fbsumc.org).

## "Bring One" Items

The Bring One items for the week of Sunday, March 14, will be hearty soups and crackers and/or powdered or evaporated milk. The items for the week of Sunday, March 21, will be cereal and/or powdered or evaporated milk. Thank you for your support.

## Lunch Bunch

Lunch Bunch will go to the Mustard Seed Cafe in Gate City, VA, on March 19. The bus will leave the Wanola parking lot at 11:00 a.m.

## Easter Lilies

If you would like to have an Easter lily placed at the altar in honor or memory of loved ones on Easter, please return this form to the Church Office no later than March 22. Please fill out a separate form for each lily ordered. Lilies are \$12.00 each. For more information, call Nancy Tate at 224-1507.

In honor of \_\_\_\_\_

In memory of \_\_\_\_\_

Yes, I will pick up my lilies after 10:45 a.m. worship on Easter.

No, I will not pick up my lilies.

Donor \_\_\_\_\_

Phone \_\_\_\_\_

## Chancel Arrangements . . .

The altar is adorned with greenery and dried arrangements to reflect the mood of penitence.

# WORSHIP

## Missions Celebration Sunday March 14, 2010 Contemporary Worship Services

Fellowship Hall – 8:30 a.m. and 10:45 a.m.

Message: Rev. James Gulley

## Traditional Worship Services

Sanctuary – 8:30 a.m.

Message: David Malloy

Sanctuary – 9:40 a.m. & 10:45 a.m.

Message: Rev. James Gulley

Sunday School - 9:30 a.m.

"Joy" TV Ministry: 9:30 a.m. \*see below

Radio Broadcast: 10:00 a.m., WKPT (1400 AM)

## To Watch JOY TV

**COMCAST SYSTEMS:** We are broadcasting on Sundays at 12:30 p.m.; Mondays at 7:00 p.m.; and Wednesdays at 6:00 p.m..on the following stations: Abingdon, VA Ch. 2; Bristol & Gray Ch. 14.

**CHARTER SYSTEMS:** We are broadcasting on Sundays at 9:30 a.m. and 12:30 p.m.; Mondays at 7:00 p.m.; and Wednesdays at 6:00 p.m. on Ch. 13 for Johnson City, Kingsport and Rogersville.

## St. Mark's United Methodist Church

9:30 a.m.

Message: Margaret Deans

## Our Father's Place

4:00 p.m. in Chapel

Message: Margaret Deans

## Evening Worship

6:00 p.m. in Chapel

Message: Margaret Deans

## After Hours "On Call" List for the Week

**Sunday, March 14** Janet Batts (341-9233)

**Monday, March 15** Clark Jenkins (292-2795)

**Tuesday, March 16** Andrew Amodei (765-6197)

**Wednesday, March 17** Clark Jenkins (292-2795)

**Thursday, March 18** Andrew Amodei (765-6197)

**Friday, March 19** Jack Weikel (292-9000)

**Saturday, March 20** Jack Weikel (292-9000)

March 7, 2010

Morning Worship	796
Our Father's Place	11
Evening Worship	34
Total Worship Attendance	841
Sunday School	627

## Painters Needed

The Board of Trustees has scheduled another painting projected (and party), and they need your help. We are going to paint the first floor hallway of the Office Wing, the Choir Room, stairwell and entry into the Choir loft on Monday and Tuesday, March 22 and 23 starting at ~ 8:30. All painting supplies will be provided. Whether you can provide a couple of hours or a couple of days, we would love to have you join us. Mark your calendars now!



### To Vent or Not to Vent

"If anyone is never at fault in what he says, he is a perfect man, able to keep his whole body in check." James 3:2

I recently watched the movie "Sense and Sensibility" again [If you don't understand the fascination with Jane Austen then I can't explain it to you. You either "get it" or don't]. One of the characters, the youngest daughter, says "I like that couple. They talk about things. We don't talk about anything. Anything except the weather."

We live in a society where we talk about things. On and on. Over and over. On TV, the radio, Facebook, and – believe it or not—at church. We take molehills and make mountain ranges out of them, effortlessly. We discuss ad nauseum topics that have no real import or relevance in the grand scheme of things.

Once, someone said, that before getting upset about something we should ask ourselves the question, "Will this matter in 25 years?" If the answer is "no" then maybe we should just let it go.

So, should we vent or not? Isn't it healthy to let it all hang out, to share our anger and opinions? Well, that depends. In some cases, it is important to share, but often we share way too much. The problem is that once said, words don't go away. They hang in the air, like pollution that won't let relationships grow. They cause barriers that keep us from spending time with that person, overlooking the past, and moving to a different plane in our relationship.

So when you are tempted to vent, to let that person "have it," to write that hot letter, just pause, take a deep breath, pray about it, and sleep on it. Let time give you perspective, and follow the leadership of the Holy Spirit on what to do next.

### A Note about Stitch and Pray... by Betsy Codispoti

"And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."  
Col 3:23

Once again the Stitch and Pray Ministry is reaching out to those in need. In addition to our Prayer Shawls, chemo kits, and Operation Warm Winter we have been asked to help out those at the V.A. Hospital. Our great work has shed God's love and warmth to over 300 people in the past 2.5 years.

The patients at the V.A. are in need of lap blankets. These can be knit, crocheted, no sew, quilted or any way that you feel inclined to create them. When you complete the blankets, I am asking that you please indicate that they are for the V.A. We will have them blessed and then delivered to the hospital.

If you are in need of yarn, we have a "stash" that has been donated by some wonderful individuals. Stop by the church and the yarn is in L30 in the cabinet. The Stitch and Pray ministry meets the third Wednesday of the month at 10:00 a.m. Anyone is welcome to attend.



### AARP Safe Driving Class

On April 15 and 16 from 9 to 1 p.m. in Room 306, Rosalee Sites will teach a review course on driving. This class, offered by the AARP is designed to help people drive safer, longer and to make adaptations to overcome some of the limitations of the aging process.

The class is designed to be taken over two days. Some insurance companies offer small discounts to those who take the class once every 3 years. The class costs \$12 for those who are members of AARP and \$14 for those who are not. You can pay at the door on the first day of class but please call now to reserve your spot: 224-1502.

## Caregivers Gathering

Are you a caregiver and sometimes feel overwhelmed by the responsibilities that entails? Then you might enjoy being a part of our Caregivers' Group. The next meeting is on Wednesday, April 7, from noon to 1 p.m. in room 241.

Janet Batts is our special speaker this month and will share from her own experiences being a caregiver. Doreen Paul will open the time together with a devotional thought.

If you have questions, please give Joy a call at 224-1512. Please feel free to bring your lunch and eat during the meeting. Also, this group is open to the community so bring a friend!

### Be a Spring Chick—Stay Fit



Moving appears to be a key to staying healthy longer. What are some things you can do as a normal part of your day to help you move more? Here are some ideas, but no doubt, you have some even better ones. Send yours to [jeastridge@fbsumc.org](mailto:jeastridge@fbsumc.org) and I'll publish them!

- Walk your dog an extra time (bonus: they'll love you even more for it!)
- Do light chores while you talk on the phone instead of sitting to take the call.
- Replace conference room discussions with outdoor "walking meetings."
- Stroll around the entire mall once before entering a store.
- Take the stairs instead of an elevator whenever possible.
- Stand whenever you can. It burns twice as many calories as sitting.



### Smoking/Chewing Cessation

"Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God?" I Cor. 6:19

It's never too late to quit a bad habit, especially smoking or chewing tobacco. Did you know that if you quit in your early 50's you can still add 3 ½ years to your life?! If you don't do that for yourself then do it for your spouse and kids and grandkids to come.

**Now** is a good time to quit. With Spring in the air, and outdoor activity increasing, take the initiative and call Joy Eastridge (224-1512) or Dianne Blackowski (245-8626). They will give you free one-on-one counseling with lots of tips on how

to be successful in quitting smoking. We have a power point that we can go over with you and then we'll follow-up on the phone to check on your progress.

Get set, get ready, quit!



### Quotable Quote:

"Don't worry that your children never listen to you; worry that they are always watching you." —Robert Fulghum



## Music/Worship Notes with Bob Garver

What an exciting time to be a part of First Broad Street! The worship arts are going to be features quite a bit in the weeks to come, so mark your calendars.

**March 31 and April 1** - We will again be presenting our Living Last Supper for our congregation and the community. This year's offering will be directed by Lynn Sorrells and produced by Mark Kilgore. This moving re-enactment of one of the most important moments in the life and ministry of our Savior will certainly be a blessing to all who experience it.

**April 2** - This year, we will mark Good Friday with a vigil during the hours of 12-3 pm in the Chapel. This self-guided time of meditation will focus on the seven last words of Christ and will feature works of art by a number of our own congregation. The prayer labyrinth will also be available during this time.

**May 23** - Pentecost in the Park will be an exciting opportunity for our entire church family to gather together in the beauty of God's creation for a service of worship and praise, followed by picnic lunches and fellowship. All are invited to bring chairs and blankets and food and meet at the stadium at Dobyns-Bennett High School. Worship will begin at 10:30 and will be involving all of our many and amazing styles of worship.

**June 21-25** - Music and Arts Week at Lake Junaluska is one of my favorite times of the years. Anyone who is interested in worship, music, art, drama, dance, or any of a number of different areas is encouraged to find out more about this week-long immersion into the creative sphere.

I look forward to what this upcoming season holds and hope that what we do in the area of the arts brings you closer to God.

# DISCIPLESHIP OPPORTUNITIES

## Single Vision-Monday, March 22

"Reflections and Meditations on Easter"

with Rev. Spurgeon McCartt

Lenten and Easter season are among the holiest of the Christian faith. One of our favorite Bible teachers and speakers, Rev. McCartt, will share with us meditations, and reflections on Lent and Easter. Join us for this special program. A dinner of baked fish, baked potato, slaw, hush puppies, cobbler and drinks will be served at 6:30 p.m. for a cost of \$6.00. Please call 224-1502 by noon on Friday, March 19 for reservations. No reservations are required for the 7 p.m. program only.



## Singles/Young Adult Volleyball

Meets 6:30-8:30 p.m. Fridays in Woodyard Gym

Contact: Tony Clark 378-5299

## DIRECTORY PRAYER MINISTRY

March – May 2010

(Please use the green soft-cover directory.

Thanks for your faithfulness.)



Darres Carter – p.1-2 Abbott-Bales  
Sarah Simpson– p.3 Bard-Howard Bennett  
Karen Starnes – p.4-5 Ron Bennett-Bray  
Margaret Kennedy – p.6 Breeding-Nicole Brown  
Debbie Wallace – p.7-8 Patricia Brown-Catron  
Nancy Fritz – p.9 Catron-Felts – Clifton  
Bob George – p. 10 Cloud-Bo Corum  
Kathy Ladley – p.11 Todd Corum – Susannah Culbertson  
Frances Eldreth – p. 12-13 Wayne Culbertson –Douthat  
Melanie and Michael Harris p. p. 14-15 Dove- Colin Fannon  
Alice McKee-p. 16 Lauren Fannon – Katie Folk, new members, and staff  
Barbara Smith-p. 17 Ron Folk - Gannaway  
Joyce Russell-p. 18. Garland - Gooch  
Josie Reid –p.19-20 Good – David Hammonds  
Gail Dyson-p. 21 – Wayne Hammonds – Blanche Harvey  
Linda Martin – p. 22 Mike Harvey – Russ Hickman  
Nancy Tate – p. 23 Ryan Hickman - Horne  
Sharon Blevins-P. 24-25 Horner- Beverly Jones  
Suzan Alley - p. 26-27 Bob Jones - Steven Krein  
Pam Hutchins p. 28-29 Kublawi-Lodien  
Linda Coffey – p. 30 Long - Marcus  
Betty Fletcher –p. 31-32 Marine- McLaurin  
Whitney Ross- p. 33 McMahan-Mingus  
Barbara McCants – p. 34 Misak - Morrison  
Ann Thompson – p. 35-36 Morton- Helen Overbay  
Wayne Garland – p. 37 Judi Overbay - Patrick  
Linda Abbott – p. 38-39 Patterson-Jennifer Province  
Mae Crowe-p. 40-41 Ted Province-Eric Roberts  
Pam Johnson- 42-43 Jason Roberts - Scott  
Bob West – p. 44-45 Scruggs-Ross Smith  
Duke Dukart – p. 46-47 T.A. Smith-Swaim  
Garry Myers – p.48-49 Swift - Torbett  
Gail Preslar & Milton Nelson – p.50-51 Torrence - Weaver  
Cindy Lemons – p. 52 Weems – Louise Williams  
Betsy Geiger – p. 53-54 Robert & Ann Williams - Zoeller

## Wednesday Nights 5:30 p.m.-- March 17

**Program:** "Fire in the Kitchen" Bluegrass Ensemble

**Menu:** corned beef, cabbage, carrots, congealed salad, corn bread, pistachio pudding

**Make your dinner reservations by calling 224-1502 by noon on Tuesday. You must call 224-1502 to set up standing reservations.**

Adults: \$6; Children 5-11 years: \$3;

Under 5: Free; Family Maximum: \$25

*Feel free to attend the program even if you are unable to come for the meal.*

## Safe Sanctuary Training

For NEW volunteers or staff working with children and youth  
📅 Thursday, March 25, in room L45 from 6:00 - 7:30 p.m.

For all volunteers/staff trained in 2008 and 2009, please fill out and submit the Participation Covenant Statement. Go to [www.fbsumc.org](http://www.fbsumc.org). Click "Main Site" and click the "Leadership" tab. Download the "covenant" statement, fill it out and mail it to: First Broad Street UMC , c/o Margaret Deans, P.O. Box 1346, Kingsport, TN 37662



## Lonely? Experiencing a Difficult Time?

Don't suffer alone! Our Stephen Ministers are trained caregivers, ready to listen, care for and encourage you, pray with and for you, and help you through a crisis or difficult time. To find out more, talk with one of our Stephen Leaders: Andrew Amodei (224-1504), Joy Eastridge (224-1512), Nick Grabar (288-2320), Jim Harless (578-8336), and Melanie Watson (288-9010).

## Living Last Supper

The Drama Ministry of FBSUMC also serves as an outreach program to our community. Last year, both performances of the Last Supper were very well attended by our church members as well as many guests. For this reason, we are adding a third performance as our **Wednesday Night program on March 31 (6:15 p.m. in the Sanctuary.)** This additional performance is planned primarily for members of First Broad Street. We are requesting that our church family members come to the Wednesday night performance if possible, and leave the two performances on Maundy Thursday for our guests. If you are unable to join us for Wednesday dinner, please come to the program immediately following in the Sanctuary at 6:15 p.m. Should you be unable to attend on Wednesday evening, of course we would welcome you and your guests to one of the two Thursday performances. The performance times are 4:30 p.m. and 7:30 p.m. Thank you for your understanding and cooperation!

A MESSAGE  
FROM THE BUSINESS ADMINISTRATOR

## Update -- Multi-Site Church Study

Our class studying the book, *"The Multi-site Church Revolution"*, is coming to an end. The class has spend considerable time learning about what other churches are doing with the multi-site church concept and discussing if and how these concepts might be utilized at First Broad Street. As you might imagine, the multi-site church has a wide variety of structures and carries out ministries in a variety of ways. It has been interesting and stimulating to hear and participate in these conversations.

The book offers a self-diagnostic tool that was designed to help a church understand what its likelihood of success was if they started a satellite campus. Based on the classes input, First Broad Street scored very high in their probability for success.

The class then spent considerable time evaluating and brainstorming satellite church concepts. Through much discussion and the use of some exercises from the book, we narrowed our focus to three concepts:

- ✓ Gray or Rock Springs satellite campus initially operating from a school
- ✓ A campus in downtown Kingsport ministering to students in the Academic village and young professional working in the downtown area.
- ✓ Co-joining with an existing church and bringing the First Broad Street culture and ministries to it.

While this last concept might happen sometime in the future, the class quickly narrowed its discussion to the first two approached. We finally decided that we were going through the exercise of developing a plan for launching an FBS – Gray satellite campus. We left the downtown ministry concept for evaluation by WINGS which was already underway.

This exercise of developing a launch plan for FBS – Gray would help the class better understand the key steps that are needed to launch a satellite campus and would provide us the basis for estimating the cost of a new major ministry of this type. Currently, our draft plan has over fifty tasks with a target date for launch of September 21, 2011. Some of the key tasks in the plan include: education of the congregation, a church conference, appointment of a campus pastor, hiring a worship leader, selecting a site for worship and office space, recruiting leadership and team members, training, visitation and communication with the community, identifying and procuring needed equipment and furnishings along with storage capabilities, and planning, practicing, and preparing for launch.

Obviously, the first major task is going to be deciding if we want to launch a satellite campus. The Church Leadership Council is planning a retreat in the next couple of months to focus on this very issue. If they conclude that they would like to move forward, then they will begin developing and implementing a communication plan with the congregation leading to a Church Conference in early fall. There is also other research and planning that will have to be done.

Launching a satellite campus would be a major



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undertaking for expanding the ministries of First Broad Street. Please be in prayer for those developing and defining the concept, for those evaluating the pros and cons of the concept and for God's guidance in all that we do and consider doing. We need to be sure that we are always doing God's will.

*Niki Mullins*



## Many Parts, One Puzzle

It took Leonardo da Vinci three years to complete his masterpiece, *Last Supper*. How long will it take our church family to complete a 1000 piece jigsaw puzzle of the masterpiece? Can we build it before Maundy Thursday? Just as it will take many hands to bring *The Living Last Supper* to our Sanctuary, it will take many hands to complete the 3-foot-long puzzle which will be located in the hallway near the Parlor. Construction begins on Sunday, March 21. Come fit in a few pieces, fellowship, and be part of the finished Masterpiece© puzzle.

## The Read 'Em and Reap Book Club

You are invited to join The Read 'Em and Reap Book Club on the third Thursday of each month at FBS. Mingle and munch begins at 6:15 in the church library followed by a lively discussion from 6:30 to 7:30 of the following books: *The Help* by Kathryn Stockett (March 18), *Respectable Sins: Confronting the Sins We Tolerate* by Jerry Bridges (April 15) and *Julie and Julia* by Julie Powell (May 20). For more information, you may contact either Beth Geno at [iegeno@embarqmail.com](mailto:iegeno@embarqmail.com) or Kay Ann Smith at 288-2468.