



THE SPIRES

July 18- July 24, 2010

Glorifying God through knowing Christ and making Him known



A Message from the Senior Pastor

As I become more and more familiar with FBSUMC I both see and experience that which I heard so much about prior to my arrival; the high level of engagement of laity and staff alike in nurture and outreach. This is a community living out the Christian faith not only in the heart of the city; but, your commitment extends well beyond the city limits in acts of love and mercy whose influence is felt around the world.

To those of you who have served and continue to serve so faithfully, *"Thank You!"* For those of you who are still considering how God will use your gifts, may you have the discernment, and the confidence to enter that place, or those places the Spirit is bidding you enter. It is with this in mind that I share with you the following passage from my devotional reading last week.

James A. Harnish in his 2009 book, *Strength For The Broken Places*, writes, "Praise be to God that our God is a God who enlists us, all of us, to be fellow workers with him, to extend his kingdom of righteousness, to help change the ugliness of this world – its hatred, its enmity, its poverty, its disease, its alienation, its anxiety. He enlists us to be fellow workers with him, to transfigure it into the laughter and the joy, the compassion and the goodness, the love and the peace, the justice and the reconciliation of his kingdom as we work with him to make the kingdoms of this world to become the kingdom of our God and of his Christ. And hey, the victory is assured! Because the death and resurrection of our Savior Jesus Christ declare forever and ever that light has overcome darkness, that life has overcome death, that joy and laughter and peace and compassion and justice and caring and sharing, all and more have overcome their counterparts. (*Strength For The Broken Places*. Nashville, Abingdon Press, 2009). Amen! So may it be!

With my love and prayers,

Thanks for a great VBS!

We averaged 167 children everyday. We collected over 100 health kits for UMCOR. We had over 65 volunteers helping everything to run smoothly. Thank you, First Broad Street, for helping the hive come alive at Planet Zoom this year! -Marilyn Jones, Director of Children's Ministries & Anna Manley, VBS 2010 Director

Justin Lookadoo Event--Kingdom Quest

Youth who plan to attend Kingdom Quest featuring Justin Lookadoo will leave from and return to the Woodyard Center on Sunday, July 18. We will gather at 5:00 p.m. and will return to the Woodyard Center parking lot no later than 8:45 p.m. This event is open to all youth entering 7th-12th. Bring money for a love offering to be taken. Questions, please call Janace Grigsby at 247-7980 or email at jnbrigsby@gmail.com. (Jarrod Suits is out of the country so don't call him.)

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Contact Us

Church Office	423-246-4471
Prayer Line	423-224-1544
Reservations	423-224-1502
Child Care Ctr	423-224-1527
Fax Number	423-246-1361
website:	www.fbsumc.org

Mark Your Calendars!

*Sunday School Promotion and
High Attendance Day -Sunday, August 8*

Make plans to be a part of our church's gathering together again after summer trips and activities. If you are not involved in the Sunday School small groups (classes), Sunday, August 8th is a great time to find a class. More information on small group classes (some of the "small groups" are quite large!) is available on the website: www.fbsumc.org. Please call Margaret if you have any questions at 224-1513. Sunday School at First Broad Street UMC is the place to learn, to connect, and to grow into maturity in Christ.

CHURCH FAMILY NEWS

Recently Hospitalized . . .

Holston Valley: Grayson Chastain

VA Hospital: Bert Tiller

Discharged: Ray Stomer, Anne Sorrell, Ron Bussey



to **Otis Bridwell** on the death of his sister, **Juanita June Lady**, who died July 5; **Marilyn Jones** on the death of her grandfather, **James Thomas Haddix**, who died July 6; and **the family of Mitzi Odom** on the death of her father, **Sam Berry**, who died July 11.

In Memory of

our church family member

Barbara Gage--July 8

Sympathy is expressed to her daughter, Jo Hutterli.

Upcoming Opportunities to Beat with the DRUM CIRCLE !

Friday, July 9, 7-9 p.m., in the TriSummit parking lot downtown -- cold drinks provided by area businesses to "drum up" excitement for FUN FEST! **Friday, July 16, 5:30 p.m.** to Beat in the FUNFEST PARADE, gather on our truck bed 5:30 p.m. at the corner of Clinchfield and W.Center (Domtar Paper Co. area) Bring a folding chair or just sit and hang your feet off the edge and shake something! This is TOO MUCH fun to miss out on so don't be shy! (cold drinks provided by area businesses)

Saturday, July 17, 9:58, beat for runners of the CRAZY 8's ROAD RACE, 9:58pm, exact place on the course TBA

Friday, July 23, 7-9p.m. TriSummit parking lot downtown Friday, July 30, **LAST OFFICIAL 2010 DRUM CIRCLE CONNECTION**

SUNDAY, AUGUST 1, DRUM CIRCLE WORSHIP -- First Broad Street United Methodist Church, 8:30 a.m. and 10:45 a.m. Connection (contemporary) services. Nothing but drums, percussion and VOICES praising God!

Lunch Bunch

The Lunch Bunch will go to Jubilee Gallery on the Carter's Valley Loop on July 16. The bus will leave the Wanola Parking lot at 11:00 a.m.

After Hours "On Call" List for the Week

Sunday, July 18 John Wilson (723-9998)

Monday, July 19 Margaret Deans (276-698-0812)

Tuesday, July 20 Andrew Amodei (765-6197)

Wednesday, July 21 Margaret Deans (276-698-0812)

Thursday, July 22 Andrew Amodei (765-6197)

Friday, July 23 Jack Edwards (276-5929)

Saturday, July 17 Margaret Deans (276-698-0812)



Chancel Arrangements . . .

The chancel flowers are given in memory of Alex Berry's birthday on July 20, given by Marcine.

WORSHIP

Eighth Sunday after Pentecost July 18, 2010

Contemporary Worship Services

Fellowship Hall -- 8:30 and 10: 45 a.m.

Message: Charles Maynard

Traditional Worship Services

Sanctuary -- 8:30 a.m.--9:40 a.m.--10:45 a.m.

Scripture: Luke 10: 38-42

Message: *A Much-Needed Balance in Life*

Jack Edwards

Sunday School - 9:30 a.m.

"Joy" TV Ministry: 9:30 a.m. *see below

Radio Broadcast: 10:00 a.m., WKPT (1400 AM)

To Watch JOY TV

COMCAST SYSTEMS: We are broadcasting on Sundays at 2:30 p.m.; Mondays at 7:00 p.m.; and Wednesdays at 6:00 p.m..on the following stations: Abingdon, VA Ch. 2; Bristol & Gray Ch. 14.

CHARTER SYSTEMS: We are broadcasting on Sundays at 9:30 a.m. and 12:30 p.m.; Mondays at 7:00 p.m.; and Wednesdays at 6:00 p.m. on Ch. 13 for Johnson City, Kingsport and Rogersville.

Our Father's Place

4:00 p.m. in the Chapel

Message: Sarah Suits

Evening Worship

6:00 p.m. in the Chapel

Message: John Bardsley

July 11, 2010

Morning Worship	930
Our Father's Place	13
Evening Worship	51
Total Worship Attendance	994
Sunday School	591

Single Vision

Join us on Friday, July 16, for the FunFest "Singles Only" Dance from 7-11 p.m. at the Civic Auditorium to dance and listen to the music of "Kids Our Age." Tickets are \$5 purchased in advance from the FunFest Office and \$8 purchased at the door. Profits from food sales on site will profit area school bands. For more information, call host Melissa Larkin at 357-4096.

On Monday, July 19, join Single Vision for The Has Beens Big Band Afternoon Dance from 5:30 to 7:30 p.m. to dance to the music of "The Has Beens." If you don't dance come and enjoy the music. Host is Bob Smith. Free admission. We will go out to eat after the dance for those who would like to join us.

Limitation or Disability?

"For when I am weak, then I am strong." II Cor. 12:10

Recently I talked with a friend about a physical problem she was experiencing and she said something that made me think. She said, "I am convinced that all of us have some type of limitation, whether it be physical, spiritual, emotional or mental. It becomes a disability if we let it."

At conference last month Andrew Amodei and the other elders promised to "move on to Christian perfection." What a tall order that is! But we are all called to continue to move in that direction spiritually. Unfortunately, our bodies and minds often manifest more weakness than strength as time passes.

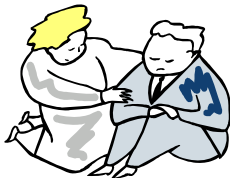
Whether our limitations are physical, emotional or spiritual, we all have some. As we walk our Christian walk, always moving toward perfection, we struggle to turn our weaknesses over to Jesus, to allow him to heal them, to use them, to transform us through them. Let us lift up our hands and offer ourselves, weaknesses and all, as living sacrifices to our Lord.

Free Medical Care

"...and all who touched him were healed." Matt. 14:36

We now have two different opportunities for people to receive free medical care. Once a month on the second Thursday of the month, Crossroads Medical Mission is in our parking lot.

Providence Medical Clinic at First Baptist is now open on Thursday evenings from 5:30 to 7. Please pray for these ministries as the needs are great.



Grief Recovery – New Session

"Blessed are those who mourn, for they will be comforted." Matt. 5:4

On July 20, we will start a new session of Grief Recovery. This is open to the general community so please pass on this information to your family and friends that might benefit. The group meets here at First Broad from 5:30 to 7. There may also be a daytime group. Call 224-1546 to register.



Weight Watchers Open Enrollment

Our Weight Watchers group is starting a new 12-week session. The first two meetings are open enrollment (July 6 and 13). Cost is \$136. Call Joy at 224-1512 if you have questions or contact Karen Conkin to sign up: (KPConkin@aol.com).



Childcare for Deaf/Blind Children

There is a conference at Meadowview on July 16 and July 17 for children who are deaf/blind and their families. Susan Hiscutt is recruiting helpers in churches to assist with these children and their siblings. Volunteers would simply assist trained individuals. Please contact susan.hiscutt@meadowview.org if you have some time.



1. Stitch & Pray

We continue to deliver prayer shawls and blankets to those in need of knowing their church family's love in a tangible way. These created gifts bring much comfort and joy. Right now we need some gift bags to take the shawls out in. If you have any you could give, please drop them by the office.

If you would like to join Stitch and Pray, please contact Betsy Codispoti.

2. ICU gift bags

If you have any extra small make up bags that you could donate, we are making up small kits to give to the ICU at HVH for families of patients in the ICU unexpectedly.



Colon Cancer: Get Your Screening

Our congregation has recently been affected by colon cancer in a variety of ways. You may have some questions about this type of cancer. Let's use this opportunity for more education and awareness. Since 1 in 19 persons will develop colon cancer at some point in their lives, it's good information to have!

Who is at risk? Age is the greatest risk factor. If you are 50 or older, it's time to get screened. If you are African American, then make that 45. If you have a blood family member who was affected then the screening age is 40. Other risk factors include family history, genes, race.

How can we lower our risk?

- Less red meat
- High fiber foods
- Exercise
- No smoking
- Limit alcohol

Caregivers Connect

Our Caregivers' Support Group meets on the first Wednesday of even months at noon in room 241.

On August 4, John Bardsley will come and lead our discussion on the topic of "Directions in Caregiving."

Doreen Paul will bring the devotional. Please come and bring a friend!

Parish Nurse Office Hours

Joy Eastridge
Monday through Thursday
10:00 a.m. to 3:00 p.m.
Off on Friday



Abundant Provision

"Thou preparest a table before me..." Psalm 23:5

Last week-end Sam and Tim were out playing tennis when we had to leave. So I left them a note in large handwriting, "BBQ for lunch." Near the sign was a covered dish of BBQ, a jar of sauce and buns. When we got home several hours later, I found the lunch untouched. On top of the sign was an opened can of tuna fish and crackers.

Later I asked Sam about lunch. He admitted it was terrible, eating tuna from the can with crackers, "But we couldn't find anything else."

The abundant provisions were at hand. The table was laid out. The instructions were plain. What was missing? The simple act of recognizing the gift and taking it.

How many times are we like this? God longs to give us gifts but we do not listen, hear or understand his directions. We are not in a place where we can really see where he is taking us. Thus we miss out on the "much more" of a spirit filled life. Through the disciplines of scripture reading, prayer and being alert spiritually, we can reap the blessings God has for us.

Sometimes we are like this with our health and the benefits of exercise. Dr. James Hill of the University of Colorado says, "Exercise is better than any drug or anything else we have to fight aging. There's no downside. If exercise were a drug, it would be the safest, most effective drug in the universe."

Better health is there for the taking. It's just outside the door, a walk away.

DISCIPLESHIP OPPORTUNITIES



THANK YOU IHN VOLUNTEERS!

Dear Friends,

Recently First Broad Street hosted 2 families from Interfaith Hospitality Network. Every hosting has its challenges and this one was no exception. We had 7 children to entertain!

You have often heard me say that it takes the effort of many to support the families and make them feel "at home" during their stay at First Broad Street. Many thanks to all who volunteered: Sharon and Buddy Bounds, Walt Scott, Simon Willis, Vivian McGhee, Betsy and Paul Codispoti, Doug Haseltine, Cindy Lemons, Sallie Currie, Nancy Walker, Judy King, Rachel Stark, Will Bateman, Margaret Deans, Park Deans, Nancy and Foy McIntosh, Theona Moorehouse, Claudia Tustin, Nancy Mallicote, Nancy and Steve Ankabrandt, Kermit Addington, Michelle and Rob Estes, Jenny Rogers, Brandon Salyer, Ron Bartley, JoJo, Kim Price, Melinda and Mark Calliham, Gail Preslar, Milton Nelson, Miggie and Dave Atkinson, Retta Overturf, Emily Lemieux, Mary Lee and David Bagwell, Kay and Steve Oglesby, Mary Ladd, and Dave Lively. Every day I am moved by the good will, support, kindness and faith that are shared by our church with those in need. God bless you all!

Friends, Roman's chapter 12 challenges us to "12 Be joyful in hope, patient in affliction, faithful in prayer. 13 Share with God's people who are in need. Practice hospitality." God challenge to us is to be his hands and feet; to go out into the world and love one another. Let us continue the good works!

In faithful service,

Dianne Scott, IHN Coordinator

FunFest with the Town Squares

First Broad Street UMC and FunFest present a "Sentimental Journey" by the Towne Squares on Sunday, July 18, at 3:00 p.m. in the FBS Fellowship Hall. Tickets are \$5.00 and are available at the FunFest Office or may be purchased at the door on Sunday. Members of the Towne Squares include Louise Ammons, Lauren Chapman, Tammie Davis, Martha Funke, Retta Overturf, and Tammy Porter. Come enjoy delightful entertainment.

Membership/Financial Report

June YTD -- 2010

Membership--Jan. 1, 2010	2475	
Membership--June 30, 2010	2493	
	Actual	Budget
Pledges (Actual)	\$ 798,626	\$ 874,999
Total Revenue	\$1,310,856	\$1,438,218
Expenses	\$1,450,056	\$1,476,417
Surplus/(Deficit)	\$(139,200)	\$(38,198)
Balance Due on Capital Debt	\$720,111	
Faith Promise Balance	\$18,233	

GROW

Reading the Bible Together . . .

July 18, 2010

Amos 8: 1-12

Psalms 15

Colossians 1: 15-28

Luke 10: 38-42

Read these passages of scripture during the week to prepare for worship on Sunday. When you get ready to read, ask the Holy Spirit to illuminate the text for you. Then, read the passage slowly, writing down questions or insights that come to you. Finally, offer thanksgiving to God for the witness of scripture, and pray for those whom God has placed on your heart. Try to read all the passages at least twice during the week.

Do you know the song "Seek Ye First?" It is a simple song based on Jesus' pithy instructions on how to live as his disciple. "Seek first God's kingdom and righteousness, and everything else will be added to you." (Matt. 6:33) This is not some kind of "success formula" where you may be tempted to manipulate God. Rather, as Jesus tells Martha, "only one thing is necessary." That one thing is a loving, lifelong relationship with God. How do you cultivate your relationship with God? How do we support each other's God-bond?

Marilyn Jones Resigns

As most of you know, Marilyn and her husband, Clint, will be attending Perkins School of Theology at Southern Methodist University this fall. Marilyn has turned in her resignation as the Director of Children's Ministries effective on Wednesday, July 21, 2010. Marilyn has done an outstanding job leading our children's ministries over the last three years. We are grateful for her leadership and we are going to miss her. If you would like to contribute to a Love Offering for Marilyn, please make your check out to the Church and put "Love Offering for Marilyn" on the memo line.

Anna Manley Hired as Children/ Family Ministries Director

The Staff-Parish Relations Committee is pleased to announce that our own Anna Manley has accepted the position of Children and Family Ministries Director and will begin work on July 19th. Please join us in welcoming Anna to our staff and please keep her in your prayers as she responds to God call to lead this important area of ministry.

Upcoming UMM Programs

Monday, July 26--Steve and Diantha Hodges will discuss their departure on August 16 to live in southern Sudan. The August UMM event will be joining the Boy Scouts at Wimberly Woods Retreat Center. They will prepare our evening meal and share with us about their scouting experiences. Please call the reservation line at 423-224-1502.

