



Jan. 15 - Jan. 21, 2011

www.fbsumc.org

Church Office	423-246-4471
Prayer Line	423-224-1544
Reservations	423-224-1502
Child Care Ctr	423-224-1527
Fax Number	423-246-1361

THE SPOTLIGHT

a weekly publication of FB SUMC

A Message from Our Senior Pastor . . .

Last weekend, over 20 of our church staff and lay leadership attended a workshop in Greenville, TN. Pastors were invited to bring teams from their churches who were interested in learning how to reach that age group that most mainline Protestant churches are finding difficult to reach (those under 40) while keeping those over age 60; two hundred church leaders showed up for the five-hour workshop. The presenter was Edward (Eddie) Hammett, author of "Reaching People Under 40 While Keeping People Over 60." (I commend the book to you for your reading.) Hammett, a clergy-person and certified coach is the author of a host of books on church leadership.

This is all very timely for us as we are coming to terms with the reality of our demographics. Like most mainline Protestant churches, half of our membership and average worship attendance is over the age of 60. Those who were in our traditional worship services on Sunday saw this borne out as I again asked our different age groups to stand.

Hammett challenged us with the statistic that 70% of the U.S. population is unchurched. He reminded us of Jesus' command to "Go into all the world. . ." The operative word being "Go." He challenged us to reallocate our budgets and redesign our structures to "go" where the people are, rather than waiting for them to come to us. He also said, "A congregation can be satisfied with its activity, but if that activity is not producing fruit, then this activity may be the wrong activity."

With 70% of the U.S. population unchurched, it means we are not living in a church culture any longer. That does not mean God is finished with the Church. In fact, God remains ever active in this world; it's just the Church is going to look different than it has in the past.

I ask that you remember your First Broad Street leadership, staff and volunteers alike in your prayers. We need your prayer support now more than ever as we seek to discern our next steps and to faithfully join God where God is leading.

With my love and prayers,

JOIN US FOR THE NEXT TOPIC IN
 OUR SERMON SERIES,
 "IT'S ABOUT THE
 CHOICES WE MAKE."
 ON JANUARY 15, WE WILL
 DISCUSS "CHOOSING COMMUNITY
 OVER ISOLATION." WE LOOK
 FORWARD TO SEEING YOU.



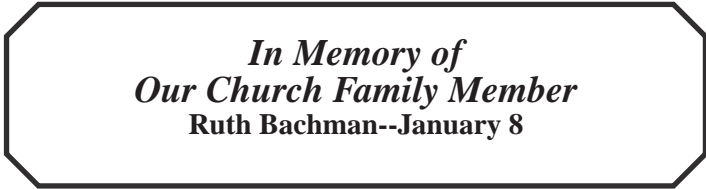
Recently Hospitalized . . .

Holston Valley: Dan Abbott, Irene Osborne, Irene Kyle, Trisha Harris

Health South: Charles Eberhart

Indian Path: Eunice Hall

Discharged: Ann Thompson, Susan Girgis, Frank Brogden, Sylvia Sifferd, Pat Basinger, Clay Dubberly, Irene Osborne, Flo Pond, Dale Rogers, Jim Taylor, Lynn Sorrell, Dave Ketron, Larry Newman, Inez Bennett



*In Memory of
Our Church Family Member
Ruth Bachman--January 8*



Congratulations to **Hunter and Leslie Mullins** on the birth of their daughter, *Chloe Grace Mullins*, who was born January 7.



Elizabeth Hope Rose, daughter of Chris and Jill Rose, will be baptized on January 15 at the 10:45 a.m. traditional service.



College Valentine Gifts

It is time to sign up for a Starbucks gift card that we will send to our undergraduate college students for Valentine's Day. The student must be in school this semester. We encourage you to sign up as a sponsor for \$15. Look for the table outside the Chapel on January 15, 22, and 29. For more information, please call Nate Collins at 224-1523 or email him at ncollins@fbsumc.org.

Membership Report for 2011

Membership on Jan. 1, 2011	2446
Membership on Dec. 31, 2011	2375
Members Received	
Profession of Faith	17
Transfer from other UMC	14
Transfer from other denomination	20
Total received	51
Members Removed	
Transfer to other UMC	14
Transfer to other denominations	20
Deaths	33
Withdrawals	39
Charge Conference Action	16
Total removed	122
Average Sunday School attendance	555
Average Sunday morning attendance	857

Chancel Arrangements . . .



The Chancel Arrangements will be in memory of Charles Stringer's 93rd birthday, given by Trixie, Hal, Patricia, and Claire.

January 15, 2012 Worship

8:30, 9:40, and 10:45 a.m. Traditional Worship (Sanctuary)

Mickey Rainwater

8:30 and 10:45 Contemporary Worship "The Connection" (Fellowship Hall)

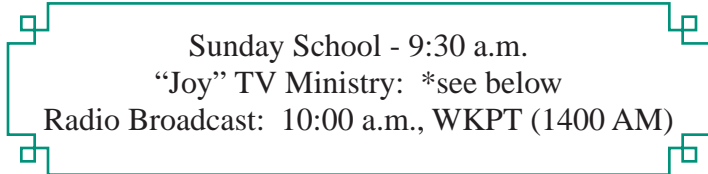
Will Lauderback

Sermon Series:

"It's about the Choices We Make"

Scripture: Deuteronomy 30:19-20, John 10.10

Message: *Choosing Community over Isolation*



Sunday School - 9:30 a.m.

"Joy" TV Ministry: *see below

Radio Broadcast: 10:00 a.m., WKPT (1400 AM)

***To Watch JOY TV**

We are broadcasting Sunday 9:30 a.m.; Tuesday 2:30 p.m.; Wednesday 6:30 p.m.; Saturday 7:30 a.m. on Comcast Systems: Abingdon, VA Ch. 2; Bristol and Gray Ch. 14 and on Charter Systems: Ch. 13 Johnson City, Kingsport, Rogersville

Our Father's Place--4:00 p.m. in Chapel

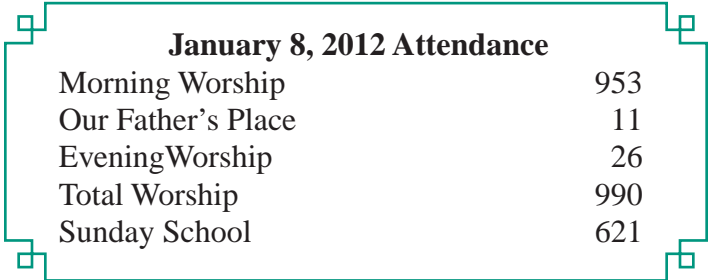
Message: Sarah Suits

Evening Worship--6:00 p.m. in Chapel

Communion and Healing Service

Scripture: St. John 1:43-46

Message: *Found!* John Bardsley



January 8, 2012 Attendance

Morning Worship	953
Our Father's Place	11
Evening Worship	26
Total Worship	990
Sunday School	621

Human Relations Day Offering to be Taken on Sunday, January 15

The Human Relations Day offering supports Youth Offender Rehabilitation programs, Community Developers self-improvement programs, and United Methodist Voluntary Services--community work and advocacy that challenge oppression and injustice in the United States and Puerto Rico.



The church offices will be closed on Monday, January 16, in observance of Martin Luther King, Jr. Day.

Parish Nurse News

A Path for Spiritual and Physical Health

A ministry of First Broad Street United Methodist Church



Spring Buds

“Two are better than one.” Ecc. 4:9

This activity program is designed to encourage you to be active, whether that means walking, running, swimming, biking or going to the gym. To participate you are asked to get a friend to partner with you and to keep track of minutes of intentional activity during the eight weeks of the competition. At the end of the 8 weeks, turn in your time. We will have one team pronounced the “overall winners.” To be eligible for the drawing for the two grand prizes, a team must have at least 30 minutes 3 times a week of exercise.

This program is for folks of all ages, children on up! Get the whole family involved. This partnership can be of a grandmother and a grandchild, each keeping track of their own minutes of activity per day. This can also work long distance, allowing you to partner with someone who lives out of town.

The program starts on Sunday, February 12 and ends on Easter Sunday, April 8.

Challenge yourself and a friend to stay active through the winter months. Remember, you don't have to actually do all the activities together; you simply encourage one another and help each other keep going.

Set your own goals as a team; a good goal is 30 minutes a day, 3 days a week. Keep a log of your times and turn this in at the end of the 8 weeks. Each participant keeps their own log and lists the name of their partner with theirs.

Remember, this is intentional continuous exercise. Walking around the house from the couch to the refrigerator doesn't count! If you have questions, call Joy Eastridge at 224-1512 or contact by email at jeastridge@fbsumc.org.

Raising Children- Words of Wisdom

Now that our kids are mostly out of the nest-- but still flying in on occasion for a re-fueling stop -- I find myself looking back and wondering what words



of advice helped me through the younger years.

These sage thoughts are collected from various sources and as a result of experience:

1. Don't talk about the children in front of them. Behavior problems and personality traits are best left to be discussed in private—this applies even to infants.
2. Don't give up hugging teenagers. They start to push us away sometimes, but find little ways to stay physically connected—pats on the back, a shoulder rub, a sideways hug; touch is important.
3. Ask a question instead of making a pronouncement, “Do you think that's a good idea?” instead of “That's not a good idea.” (I still need to improve on that one!)
4. Time out can make us better parents. For me, that meant using some day care and working part time even though I was primarily a stay-at-home mom. Needless to say, this is highly variable from person to person.

What about you? Do you have some words of wisdom to share? Send me your thoughts and I'll publish some in the next newsletter.



Shepherd's Watch

“...keeping watch over their flocks by night.”

Luke 2:8

A program is being developed at Holston Valley Medical Center called “The Shepherd's Watch.” The purpose of this program is to ensure that none of the patients dies alone. This program will depend on supportive volunteers who are willing to come and sit with a patient who has been identified as eminently dying and who has no family or friends at their bedside.

Our church will take a month to be “on call” and respond if needed. If you are interested in being involved with this ministry, let Joy know and she will add your name to the list.

CARE CONNECTION

Caregivers Connect

Our Caregivers Support Group will meet on Wednesday, February 1, at noon in room 141 (note location change).

Doreen Paul will bring our devotional and Joy will lead a discussion relating to questions about Caregiving.

This group is open to the community so we invite you to come and bring a friend.

Caregiving can be emotionally draining—supporting one another in a small group can be just the “boost” we need to keep persevering.

Women’s Bible Study

This winter our Women’s Bible study is looking at some of the women from the Book of Genesis and using the book *Living Relationally*. The group, which began meeting on January 10, meets from 9 to 10 a.m. on Tuesdays at Joyce Brogden’s home, 1501 Dobyns Drive.

Books are available in the church office.



Prayer Ministry

There is a prayer ministry at FBSUMC which daily prays for every member listed in the church directory as well as staff and new members. Each participant is given an assignment from the church directory every quarter. Then that participant prays daily for each person listed on those pages of the directory. New members are always needed to keep this important ministry going. If you would like to be a part of this vital ministry of prayer, please contact Alice Mckee by email at alicedmckee@gmail.com or by phone at 239-4594 no later than Jan. 24. All current and new members of this ministry will be contacted with new assignments prior to Feb. 1 when the new assignments will begin.

A Story about *Stitch and Pray*

By Billie Chesney

When the Stitch and Pray Ministry began several years ago, I joined them. Being a long time knitter, this was something I could do to make a contribution to my church. They provided simple patterns for afghans, prayer shawls and baby caps. It didn't matter that we didn't know who the recipients would be, it was enough that I was contributing.

Then one day my husband and I were leaving a lecture at the Kingsport Library when I saw a young man seated in a wheel chair, at the back of the room. Around his shoulders he clutched a colorful afghan. It looked familiar. My husband recognized it, too. The afghan was one I had taken to the Stitch and Pray Ministry. I still find it difficult to explain the warm feeling that came over me at that moment, seeing that afghan around his shoulders. We didn't know the young man, and for some reason that made it all seem really special.

Small Groups Update

Spirituality and the Arts: Creativity and Transformation. Materials and experience will be focused on creativity and art to explore spirituality and deepening our relationship with God. Each group session will have a creative experiential with small individual assignments through the week to explore and deepen into their relationship with God.

Tuesdays, February 7 – February 28, 2012 from 12:00 noon – 1:00 p.m. in room 233. Facilitated by Sybil R. Smith, LPC-MHSP (info@sybilrsmith.com).

A Prayer Day Away at Jubilee House, Abingdon.

A welcoming time of prayer and quiet, open to anyone in church or community who desires an opportunity for sustained prayer or journaling, reading or walking the Labyrinth. Thursday, January 26, 2012 at Jubilee House Retreat Center in Abingdon, VA.

Meet at Jubilee House at 9:00 a.m. – 12:00 noon. Lunch is at noon. Cost: \$10.00. Please call 224-1513 to register.

From Age-ing to Sage-ing: A Profound New Vision of Growing Older by Rabbi Zalman Schachter-Shalomi.

This study is for those persons who are thinking of retirement or recently retired (suggested age is 50 – 65). Topics include “Cultivating Wisdom,” “Loving the Self,” “Forgiveness and Gratitude” and “Facing Our Mortality.” Many modalities will be used including music, art, journaling and contemplation. Invite your “Boomer” friends to attend with you! An excellent resource for the second half of life.

Wednesdays, January 18 – March 28, 2012 from 4:00 – 5:30 p.m. in Room L37. Facilitated by. Rev. Dr. John Wilson. Student book: \$12.00

Congratulations Graduates . . .

Chilton Stewart, MBA—King College

Shannon Jester—Masters--UTK

Darah Karst--Bachelor's--UTK



Start up 2012 with Art and Soul!

Beginning on January 18

Preschool at 5:00 p.m.

(Ages 3 and 4)

6:15-7:00 in Room 236

K, 1st, 2nd grade

6:15-7:15 in Room 232

3rd, 4th, 5th

6:15-7:15 in Room 233

Handbells

3rd grade

5:00-5:45 in Room 234

4th & 5th

5:00-5:45 in Room 235

Family Meal (all ages)

5:30-6:15 Fellowship Hall

Sunday Morning Room Changes

Nursery (2's and 3's)

Room 136

Godly Play

Room 137

For questions, please call Anna Manley at 224-1515.

Wednesday Nights 5:30 p.m. -- January 18

Program: Reggie Martin--Carousel Project

Menu: eggs, sausage, biscuits, gravy, baked apples, dessert

Make your dinner reservations by calling

224-1502 by noon on Tuesday. Reservations are requested but not required.

Adults: \$6; Children 5-11 years: \$3;

Under 5: Free; Family Maximum: \$25

Feel free to attend the program even if you are unable to come for the meal.

Kids--wear your pj's and bring one new pair to donate to the Kingsport City Schools Homeless Program.

Any child/youth sizes welcome.

Save The Date

Please mark your calendar for the 2012 Mission Celebration, “Prepare Ye The Way,” scheduled for March 2-4, 2012. Bishop Swanson will be our Keynote speaker, with a host of missionaries and speakers to join him for the weekend. Shingai and Josie Musesengwa are the Mission Celebration Chairs for the event and you will begin to see more information soon about opportunities for children, youth, and adults. Please pray with us as this event is assembled so that we truly come together in celebration of how God is, and will, provide opportunities to proclaim to the world, “Prepare Ye The Way!”

Single Vision

Join Single Vision on Monday, January 16, at 6:30 p.m. for a trip to The Chop House on North Eastman Road. Please call Marcy at 956-1007 or Jane at 246-1727 if you plan to attend.

Safe Sanctuary Training

In 2012, everyone who has been trained in Safe Sanctuary and anyone who would like to be trained will need to attend a class this year to be certified. Training sessions offered are as follows:

Sunday, January 15 at 12:00 noon, in room 234. A light lunch will be served.

Wednesday, February 8 at 6:15 p.m. in room L41. Nursery and children's activities are available.

Sunday, March 4 at 12:00 noon, in room 234. A light lunch will be served.

Wednesday, March 28 at 6:15 p.m. in room L 41. Nursery and children's activities are available.

Additional sessions will be announced as needed. Please choose a session and RSVP to Margaret Deans at 224-1513 or mdeans@fbsumc.org. As per our Safe Sanctuary policy, every four years of the program, all adult volunteers with children and youth will need to return to the classroom to be certified, even if you took the training last year. Thank you for your service to our children and youth. First Broad Street UMC could not have the kind of missions and ministry to youth and children without our committed volunteers.

January and February Forever Young Gatherings

Rev. David St. Clair will present his Mark Twain monologue at our January 24 Forever Young Fellowship. David is the son of the beloved former pastor to FBS, Ben St. Clair. He attended high school at DB as a youth. The February 28 Gathering will feature the Patti Quarles Trio. The theme is "love" for Valentine's Day.

Come reap the benefits of belonging to the Read 'em and Reap Book Club at FBS!

You are invited to join the Read 'Em and Reap Book Club from 6:15 to 7:30 p.m. in Room 141 of the Wesley Wing for refreshments and a refreshing discussion of the following books:

- January 19 *Sarah's Key* by Tatiana de Rosnay
- February 16 *The Other Wes Moore: One Name, Two Fates* by Wes Moore
- March 15 *Tomorrow River* by Lesley Kagen
- April 19 *Same Kind of Different As Me* by Ron Hall
- May 17 *Mudbound* by Hillary Jordan

These books are available in the church library.

United Methodist Men

January 23 Program "Surprise" with Rev. Jack Weikel
6:00-7:30 p.m. in Fellowship Hall

Menu: pork roast, beans, baked potato, salad, roll, cake,
beverage

Call 224-1502 for meal reservations.

Bring One Items

Bring One items for the week of Sunday, January 15, will be canned corn, green beans, peas, and fruit. The items for the week of Sunday, January 22, will be canned meats such as SPAM, ham, or tuna. Thank you.

Lunch Bunch

The Lunch Bunch will go to Fatz Cafe in Kingsport on January 20. The bus will *leave* the Wanola Park lot at 11:00 a.m.

Grief ♥ Recovery

Winter Grief Recovery Support Group

The winter Grief Recovery Support Group will begin on Tuesday, February 21, at 5:30 p.m. in the Library. If you have lost a loved one in 2011 (or later) and are having trouble dealing with your grief, Grief Group is a good place to be. There are six required sessions which are facilitated by Ann VandeVate, grief counselor, and John Wilson, former hospice chaplain. Call John at 224-1546 to register.

First Broad Street
United Methodist Church
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Coming in February . . . an event for couples, friends, Sunday School classes, and family! Join us on either **February 10 or February 11 at 7:00 p.m.** for a cost of \$20 per person for the **Johns Island Fundraiser Dinner**. All proceeds go toward the Johns Island Mission trip. This will be our seventh annual dinner featuring Master Chef Sparky Dyson and his amazing menu. Childcare will be provided for free on both nights for children ages four and under. Reservations are due by noon on February 6. Call 224-1502 and indicate which night you will attend and whether you will need childcare (with number of children and ages.)

Make your reservations soon. We sold out last year!