



THE SPIRES

Feb. 14-Feb. 20, 2010

Glorifying God through knowing Christ and making Him known



Rev. James Gulley to Keynote Mission Celebration 2010--March 12-14

We are excited to announce that the Rev. James Gulley will be the keynote speaker for our Mission Celebration, "Amazing Grace". Jim is an ordained United Methodist minister who has been a pastor, missionary, teacher, trainer, program manager, and evaluator within the church, government, and non-governmental organizations. He currently serves as an advisor in Agriculture and Community Development with the United Methodist Committee on Relief and General Board of Global Ministries in Cambodia and Haiti.

Jim comes to us very humbly replacing the scheduled keynote speaker, Rev. Sam Dixon, who was trapped in the Hotel Montana after the earthquake struck Haiti in January. Sam did not survive his injuries and died before he could be rescued. Jim was among others with Sam, and he was rescued after being trapped under the rubble for fifty-five hours.

Joining Jim to lead the weekend event will be staff of Appalachian Service Project, Will Frye from Good Samaritan Ministries, Terry Muse with Kairos

Prison Ministry, Vickie Henderson with the Henderson settlement in Red Bird, Kentucky, Ginny Weatherstone from Volunteer Ministry Center in Knoxville, Sharon Cotey from Providence Medical Clinic here in Kingsport, Paulette West from United Methodist Volunteers in Mission--Southeastern Jurisdiction, the High School Youth Costa Rica Mission Team, Barrie Flitcroft from Equip International--Tropical Medicine, David Muwaya from The East African Annual Conference, David Malloy from General Board of Global Ministries, Thomas Dwyer and Alberta McKnight from United Methodist Committee on Relief - Non-governmental Organization, Kaupo Kant from Estonia, Shannon Trilli- UMCOR Global Health Initiative, and Tom Omach from UMCOR-NGO in Yei, Sudan.

The Mission Celebration will be preceded by a Sudan Summit, which begins on March 11 at 10:00 am and ends at 3:00 pm on Friday, March 12. This will be an exciting event where the denomination comes together to better understand how we, the global United Methodist Church, can have a transformational presence with our brothers and sisters in southern Sudan. Included in the Summit schedule will be the Lightnin' Charlie Concert along with the Central Baptist Church Choir on Thursday evening at 7:30.

Please mark your calendars for both of these events that will enable us to celebrate where God has invited us to be in mission around the world in the past and understand where God is leading us in the future. The Sudan Summit will transition into the Mission Celebration Friday evening, March 12, with supper at 5:30 and end with lunch on Sunday, March 14. Watch for more information to come out soon about both of these events and how you can register to attend. If you have questions about these opportunities, please call the Missions Office at 423-224-1531.

Contact Us

Church Office	423-246-4471
Prayer Line	423-224-1544
Reservations	423-224-1502
Child Care Ctr	423-224-1527
Fax Number	423-246-1361
website: www.fbsumc.org	

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Make Plans to attend the Living Last Supper

The Drama Ministry of First Broad Street United Methodist Church also serves as an outreach program to our community. Last year, both performances of the Last Supper were very well attended by our church members as well as many guests. For this reason, we are adding a third performance as our **Wednesday Night program on March 31 (6:15 p.m. in the Sanctuary)**. This additional performance is planned primarily for members of First Broad Street. We are requesting that our church family members come to the Wednesday night performance if possible, and leave the two performances on Maundy Thursday for our guests. If you are unable to join us for Wednesday dinner, please come to the program immediately following in the Sanctuary at 6:15 p.m. Should you be unable to attend on Wednesday evening, of course we would welcome you and your guests to one of the two Thursday performances. The performance times are 4:30 p.m. and 7:30 p.m. Thank you for your understanding and cooperation!

CHURCH FAMILY NEWS

Recently Hospitalized . . .

Holston Valley: Chuck McVey

Indian Path: Velda Noel

JC Medical: Jenny Rose and baby

Discharged: Bramlet Beard, Cathy Combs, Charlie Eberhart

In Memory of

our church family member

Patricia Williams—February 4



to **Christie Gannaway** on the death of her sister, **Mary Katherine Fleenor**, who died February 6.



William Porter Torrence, son of Chris and Anne-Marie Torrence, will be baptized at the 10:45 traditional service on February 14 by Clark Jenkins.



Congratulations to **Curt and Jenny Rose** on the birth of their daughter, **Emma Grace Rose**, who was born February 8.

FBS Welcomes Our New Member . . .

Jim Ziegenmier, 2028 Westwind Dr., 37660, as transfer from N. Raleigh UMC, sponsored by Bruce and Donna Mullins

Correction from last week's edition: Emogene Mildred Sneed was incorrectly listed as a member death instead of member-related.

Drama on March 14

First Act, First Broad Street Drama Ministry will sponsor a trip to the Cathedral of All Souls in Asheville, NC. on Sunday, March 14, 2010, to see a presentation of Liturgical Drama and Organ Music for Lent. The event is a collaboration between the American Guild of Organist and Friends of the Groom, a liturgical drama troupe. The Cathedral of All Souls was built by George Vanderbilt as the parish church for the village near Biltmore House and was consecrated in 1896. The trip will include a stop for lunch prior to the four o'clock performance and a small charge to defray the cost of gasoline. To reserve a spot on the bus, please call the reservation line (224-1502). Call Louella Blair (357-5233) if you have a question.

Reaching Up and Out Basket Donation Given

The Reaching Up and Out Basket for Sunday, February 14, located at the entrance to the Sanctuary at the foot of the redeemer is given by Chester and Mildred Myers in honor of Lynn Johnson. The contents of the basket will be donated to Boys and Girls Club. Our church community is asked to pray for the staff of Boys and Girls Club and for those receiving the services of this not-for-profit agency.

Chancel Arrangements . . .

The chancel arrangements are in memory of Marjo Eggerton given by Marjo Reid.

WORSHIP

Transfiguration Sunday and Scout Sunday February 14, 2010

Contemporary Worship Services

Fellowship Hall – 8:30 a.m. and 10:45 a.m.

Scripture: Psalm 22

Sermon: *Your Worst Life Now!*

Jarrold Suits

Traditional Worship Services

Sanctuary – 8:30 a.m. – 9:40 a.m. – 10:45 a.m.

Scripture: Exodus 13: 17-21

Sermon: *The Presence of the Lord*

Clark Jenkins

Sunday School - 9:30 a.m.

"Joy" TV Ministry: 9:30 a.m. *see below

Radio Broadcast: 10:00 a.m., WKPT (1400 AM)

To Watch JOY TV

COMCAST SYSTEMS: We are broadcasting on Sundays at 12:30 p.m.; Mondays at 7:00 p.m.; and Wednesdays at 6:00 p.m..on the following stations: Abingdon, VA Ch. 2; Bristol & Gray Ch. 14.

CHARTER SYSTEMS: We are broadcasting on Sundays at 9:30 a.m. and 12:30 p.m.; Mondays at 7:00 p.m.; and Wednesdays at 6:00 p.m. on Ch. 13 for Johnson City, Kingsport and Rogersville.

St. Mark's United Methodist Church

9:30 a.m.

Message: Margaret Deans

Our Father's Place

4:00 p.m. in Chapel

Message: Doris Dexter

Evening Worship

6:00 p.m. in Chapel

Message: Clark Jenkins

After Hours "On Call" List for the Week

Sunday, February 14 Andrew Amodei (765-6197)

Monday, February 15 Clark Jenkins (292-2795)

Tuesday, February 16 Andrew Amodei (765-6197)

Wednesday, February 17 Clark Jenkins (292-2795)

Thursday, February 18 Andrew Amodei (765-6197)

Friday, February 19 Jack Weikel (292-9000)

Saturday, February 20 Clark Jenkins (292-2795)

Lunch Bunch—February 19

Lunch Bunch will go to Red Lobster in Johnson City on February 19. The bus will leave the Wanola parking lot at 11:00 a.m.

February 3, 2010

Morning Worship	853
<i>Our Father's Place</i>	14
Evening Worship	N/A
Total Worship Attendance	867
Sunday School	578

Right Hand God

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:10

We hear expressions such as, "He's my right hand man," or "she's my better half." These expressions serve to highlight how intertwined and connected we are, or need to be. God has made us to depend on each other, to need him and to need the fellowship and communion of other human beings.

Valentine's Day is all about connections and showing appreciation to those special folks in our lives. The love of Valentine's can be romantic love or it can be the warmth of brothers and sisters in Christ.

Recently, I was talking with someone who had suffered a serious injury. He marveled at the number of people who had called and who were praying for him. He said, "I didn't know that we had so many friends!"

God is our "right hand" as expressed in the verse above. He offers us faithfulness, encouragement and strength during our down times. Also, as he lives in us, he calls us to share that love with others.

It's Valentine's. Take time to express your love and appreciation to your significant other or your friend, or someone who has reached out to you. Extend your right hand to someone else and pass on the love!



Quotable Quote

"Thinking about changing the world is arrogance. Only God can change the world. It is not how much we do but how much love we put into the doing." --Mother Teresa.



Go Red for Women

Women die from heart disease more than from any other disease. Heart attack and stroke are the main cause of death and disability in women.

This year, to highlight "Go Red for Women" we are wearing red on Valentine's Day. So dig out your dress, shirt or scarf and express your support. Check out the website at: www.GoRedForWomen.org.

Class for Pre-Diabetics

If your blood sugar is higher than 101 mg/dl but less than 126 mg/dl, you may have pre-diabetes. Information is critical to avoiding diabetes. Sign up now for one of the following free classes at Wellmont's Diabetes Treatment Center:

1. Feb. 16, 9-12
2. Feb. 23, 4-7
3. Mar. 11, 9-12
4. Mar. 16, 4-7

Contact: 224-3578



CPR Class

On Thursday, February 25, we are offering two chances for you to complete your CPR/AED/Heimlich/First Aid either from 1-4 p.m. or 6-9 p.m. The cost of the class is \$10 per person. The evening class is almost full but we have several slots in the day time group.

The class will take place at Mafair United Methodist Church and will be taught by 4 local Parish Nurses: Patricia Downs, Delores Bertuso, Mary Watts and Joy Eastridge.

Please email Joy at jeastridge@fbsumc.org or call her at 224-1512 if you would like to sign up or have any questions.

Having knowledge of CPR is gift you give yourself, your family and your community. Knowing CPR can help you save a life and it might be the life of someone you know. Please especially consider taking this class if you work with children, teach Sunday School, usher or are on staff.



Crossroads Medical Mission

Last month when we hosted the Crossroads RV, I had an opportunity to sit down and talk with one of the patients for a time. He was so grateful for the Mission that I decided to include some of his words here.

“Crossroads has been a blessing to my family. When we first heard about them we were on the line where we made just a bit too much to qualify for government help and too little to buy our own insurance. Our daughter’s foot got infected and the school called us and told us we needed to have her seen. We took her to Crossroads and the Nurse Practitioner, Katie Johnson, saw her and she has continued to help us since. It’s made a big difference to us. I am diabetic and can’t qualify for insurance because I have a pre-existing condition so this helps us budget our money better.” – JB

Talking About Shingles

On Tuesday, February 23, from 10 a.m. to 11 a.m. Joy Eastridge, RN, will present a program on “Shingles: What is it? Who gets it? Should I get the vaccine?” We will be in room 141, the Greer Sunday School room.

Let Joy know if you can come so she’ll have the correct number of materials available. Call 224-1512.



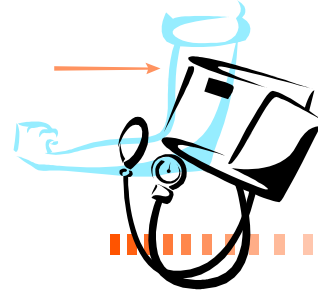
Keep Walking!

Walking is a great all-around exercise. But sometimes in the winter we get discouraged with the ice and snow and cold.

We are blessed with a great facility that is inviting in many ways, including as a place to walk. Claudia Tustin, one of our faithful walkers, says, “It’s a great place to come when it’s cold or rainy. I walk about 15 minutes on each level and that’s a little over 2 miles.” Walking in the church has the added benefit of inviting us to prayer and meditation while we walk.

We have the distances mapped out in a brochure in

the literature holders. So take a few moments to pick your route and start walking!



Blood Pressures Relocate

The Parish Nurse volunteers have decided to relocate to the chapel for blood pressure every first Sunday of the month from 9:15 to 9:45. Check it out with Kathi Boyd, RN, or one of our other volunteers.




Personal Health Records (PHR)

Have you ever been out of town and had to visit an emergency room and wished that you had your medical records with you? If so, then you might want to look into putting your information on line at a secure site which can be accessed by you or your family with a password. The American Health Information Management Association can help you get started at www.myphr.org



ADoption Alternatives

Steve Baker, from Abortion Alternatives wrote us a note recently highlighting some much-needed baby items. If you have any gently used baby things that you would like to donate, he will be happy to pick them up. His number is 968-4673.



Parish Nurse Office Hours
 Joy Eastridge
 224-1512
 Mondays-Thursdays 10 a.m. to 3:00 p.m.
 Fridays off



Music Notes

What an exciting and wonderful time to be a part of FBSUMC! Since beginning on January 1, I have been amazed at the commitment level and energy of all those involved. I want to invite you all to find a place to connect through the arts. All that is required to be a part of these ministries is a heart of praise and a willingness to come participate.

Some of the current opportunities are:

--Handbells: No experience is required to be a part of these ensembles and there are a number of opportunities for all age levels.

--Youth Choir: Traditional choral ensemble is open to all who like music, fun and fellowship.

--Shutterbugs: This is a new group forming for anyone interested in sharing their gifts in videography or photography. For more information, contact Andrew Amodei at 224-1504 or Bob Garver at 224-1505.

Bob Garver, Director of Music and Worship



JUST BEat!

Sometimes we get into a spiritual rut by thinking that God is more pleased with our DOING than our BEING. In scripture, Micah asks what the people can do to regain God's favor. He then answers his own question by saying, "He has told you men what is good and what it is the Lord requires of you: Only to act justly, to love faithfulness, and to walk humbly with your God." (Micah 6:8)
Note: there is no specific agenda, or list of things to DO for HIS approvaljust BE. That is why I enjoy being a part of the Drum Circle Connection.

The Drum Circle Connection (sponsored by FBSUMC) is about **BEING**. No special agenda, no expectations, no specified age or talent required. Just a group of people gathered together beating their drums. I know that sounds silly, and even a little boring, but amazingly it isn't. There is a Spirit of acceptance found within a Drum Circle. Everyone is special. Everyone has something to offer. All the rhythms added to the beat work together to make something beautiful. What is even more amazing is that the simplicity of the whole thing creates an atmosphere of Peace. Peace just BEING. Peace that ignites Hope. Hope that spreads love. Love that is our GOD. Join in on an opportunity to JUST BEat.

DRUM CIRCLE DATES for 2010

FEBRUARY 26 - EASTMAN EMPLOYEE CENTER LOBBY - 6:30-7:30

Drum Circle will be playing before the CLAFLIN CHOIR CONCERT. Everyone welcome. Bring your drums. (extra available on site)

FEBRUARY 27 - RENAISSANCE CENTER AUDITORIUM - noon-6pm

Free drumming instruction all day. Come and celebrate Black History with African drumming, African dance, art, and much more! Open to everyone.

MARCH 28 - PALM SUNDAY- FBS CONNECTION - 8:30 and 10:45 worship in the fellowship hall. Come beat along the path of Christ's entrance into Jerusalem. Bring your drum. (extra available if you don't have one)

FRIDAY NITES - MAY THROUGH JULY - **JUST BEat!** -

TRI SUMMIT BANK MAIN PARKING LOT - 7-9pm A great way to enjoy yourself AND your kids just "hanging out" in our community.

Jenny Rogers, Contemporary Music/Children's Music Ministries



THE UNITED METHODIST CHURCH

HOLSTON AREA

JAMES E. SWANSON, SR.
RESIDENT BISHOP

January 28, 2010

In these economically challenging times we are living through, I want to thank you personally for faithfully responding to the 2009 ministry and missional needs of your United Methodist Church by paying 100% of the funds apportioned to your local church. The money given by your church has extended the touch of Jesus into the lives of many. I lift up to you just a few of many ministry opportunities in 2009 that happened because of your generous hearts.

- You helped 3026 children and youth to attend a Holston Conference Camp this past summer where 305 or 10% made first time professions of faith and 847 (another 28%) expressed a rededication of their faith. You created memories of that being with Jesus can be fun.
- You helped provide six grants to local churches to begin or enhance young adult ministries through their church and provided four grants to assist young adults to participate in mission experiences. You created renewed hope in these churches that they can reach out to the young adults in their communities.
- You helped The W. S. Hight Penal After-Care Empowerment (PACE) Agency assists clients (primarily women) as they are released from jail to reestablish their lives in the community and find meaningful employment so that they can support themselves and their children. You gave hope that Jesus and God's people have not given up on them.
- You sponsored an event that helped equip laity and pastors of 100 of our smaller membership churches to Offer Christ and Make Disciples in their communities. Many left with a new-found encouragement to go back and make a difference for Jesus.
- You helped congregations that needed help in paying their pastors' salaries through the Equitable Compensation Fund. Need I say how grateful the pastors and their families are?
- You helped launch new churches for new people and helped to call many to reconnect with Christ. Many of these people are first-time confessions of faith.
- You helped over 700 men experience the joy of being a man whose life is dedicated to Christ and for some as one participant declared "You have reestablished my faith in Christ and the Church."

My sisters and brothers, we have thousands of stories of many lives being changed, rescued, delivered and set free to serve Christ. I wish I could relate them all, but I hope this gives you some idea of the difference your dollars make. On behalf of the new persons in Christ, children and youth filled with great memories, men who aren't ashamed to claim Christ, women that now walk in freedom and dignity, pastors and families whose needs are being met, and church members who are Offering Christ, I thank you.

Yours in Christ,

James E. Swanson, Sr.

James E. Swanson, Sr.

DISCIPLESHIP OPPORTUNITIES



Single Vision Valentine Program of Music by Red's Velvet Tones

Monday, February 15, 6:30 p.m.

Join us at 6:30 p.m. in the Fellowship Hall to continue the Valentine spirit with an evening of love songs from the smooth sounds of Red's Velvet Tones, featuring the incredible voice of lead singer Richie Dean, accompanied by the Velvet Tones and Jenny Rogers on piano. They are coming to treat us with a wonderful evening of song, so please don't miss this program! We will have a special valentine meal of heart healthy chicken cacciatore with pasta, green beans almondeine, salad, bread, drinks and a special dessert of "Death by Chocolate" at a cost of \$6.00. Dinner reservations are required by noon on Friday, February 12, by calling the reservation line at 224-1502. No reservations are necessary for the program only.

Singles/Young Adult Volleyball

Meets 6:30-8:30 p.m. Fridays in Woodyard Gym

Join friends for fun and exercise.

Contact: Tony Clark 378-5299



Painting Party

We had so much fun painting the Fellowship Hall that we are going to undertake painting the hallway and hopefully some of the rooms on the lower level under the Sanctuary. Mark your calendar now for Monday and Tuesday, Feb. 15 and 16. Paint supplies will be provided. We will start ~8:30. Please come and join us as many hands make light work. Your help can make this area much more attractive and welcoming.

Retta Overturf Retiring

Retta, who has served as Director of Forever Young Ministries for the last seven years, will retire on Sunday, February 28. We will miss her laughter, energy, and many talents as a member of our staff, but we will continue to enjoy her as an active member of our congregation. If you would like to contribute to a Love Offering for Retta, please make your check out to First Broad Street UMC and put Love Offering for Retta on the For line.

The Staff-Parish Relations Committee has formed a Search Committee to fill this important position and has developed a Job Description and Application for Employment which are available in the Church Office shortly. If you have any questions about the position, please contact Margaret Deans or Mike McIntire.

Ash Wednesday Service

Menu: Marie's soup, tossed salad, cornbread, brownie

Make your dinner reservations by calling 224-1502 by noon on Tuesday.

STANDING RESERVATIONS WILL APPLY.

Adults: \$6; Children 5-11 years: \$3;
Under 5: Free; Family Maximum: \$25

Please feel free to attend the service even if you are unable to come for the meal.

"Bring One" Items

The Bring One items for the week of Sunday, February 14, will be spaghetti sauce and noodles. The items for the week of Sunday, February 21, will be canned corn, green beans, peas, and fruit. Thank you for your support.



Safe Sanctuary Training

For NEW volunteers or staff working with children and youth

✎ Wednesday, March 10, 2010
In room L45 from 6:30 - 8:00 p.m.

✎ Thursday, March 25, 2010
In room L45 from 6:00 - 7:30 p.m.

For all volunteers/staff trained in 2008 and 2009, please fill out and submit the Participation Covenant Statement.

Go to www.fbsumc.org. Click "Main Site" and click the "Leadership" tab. Download the "covenant" statement, fill it out and mail it to:

First Broad Street UMC
c/o Margaret Deans
P.O. Box 1346
Kingsport, TN 37662

Large Print Bulletins Now Available

Along with hearing amplification devices and large print hymnals, we are now offering large print bulletins for those who desire them. Contact an usher as you enter traditional worship to obtain one of these items.

A MESSAGE
FROM THE BUSINESS ADMINISTRATOR

GOALS

Last week, our Church Leadership Council adopted our 2010 Guiding Document that includes our Mission, Vision, Core Values, Expectations, and Goals. The first four elements remain unchanged from 2009, but several changes were made in our Goals and I want to share them with you. They are:

- ☞ Keep the goal of "Offer them Christ" at the forefront of all our ministries and programs.
- ☞ Strengthen and expand our witness and our inviting ministries so that we can experience growth in members and ministries in all areas and demographics of the body of Christ at First Broad Street.
- ☞ Provide coordinated worship and music opportunities that broadly support corporate worship and serve the needs of our congregation and community.
- ☞ Reach a consensus on launching a satellite campus and if affirmative, develop and implement a plan that will lead to a launch in 2011.
- ☞ Develop and implement ministry plans that will enable us to serve students in the Academic Village and younger adults in the community.
- ☞ Maintain and strengthen our Missions programs and share our expertise by starting a teaching program for other churches so that they can learn to operate a successful Missions program.
- ☞ Strengthen prayer in the life of our Church.
- ☞ Develop and provide new and improved ministries and programs as well as maintain successful existing ones so that we are serving the needs of our members and our community. Through these ministries and programs, every member should have adequate opportunities to grow in Christian discipleship.
- ☞ Continue to improve communications to all demographic within the Church and community.
- ☞ Continue and improve our Leadership Academy so that it will continually provide capable, knowledgeable leaders for all areas of our ministries and operations.
- ☞ Maintain the Three Star Rating for the Child Care Center while providing continual improvements in growth for the children in our care and satisfying service for their parents. Become widely known as the 'best' Child Care Center in Kingsport.
- ☞ Conduct an in-depth Ministries and Organization Study so that we have a properly aligned and appropriate staffed organization to maintain and grow the ministries and programs of our Church.
- ☞ Maintain and improve the facilities and grounds of the Church so that they offer a supporting, accommodating and welcoming place for our ministries and programs. Opportunities for improved parking and access should be continually pursued.
- ☞ Provide adequate funding for Capital Maintenance needs in our facilities.



First Broad Street
United Methodist Church
P.O. Box 1346
Kingsport, TN 37662
423-246-4471

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- ☞ Manage the finances of the Church such that we can adequately support our ministries and programs and eliminate our capital debt in as few years as possible.

Together, we as the body of Christ at First Broad Street with the guidance of the Holy Spirit, can accomplish these Goals. Please be in prayer for all those that are working to carry them out.

Mike Masterson

The Read 'Em and Reap Book Club

You are invited to join The Read 'Em and Reap Book Club on the third Thursday of each month at FBS. Mingle and munch begins at 6:15 in the church library followed by a lively discussion from 6:30 to 7:30 of the following books: ***Three Cups of Tea*** by Greg Mortenson (**Feb. 18**), ***The Help*** by Kathryn Stockett (**March 18**), ***Respectable Sins: Confronting the Sins We Tolerate*** by Jerry Bridges (**April 15**) and ***Julie and Julia*** by Julie Powell (**May 20**). For more information, you may contact either Beth Geno at iegeno@embarqmail.com or Kay Ann Smith at 288-2468.