



Feb. 5 - Feb. 11, 2012

[www.fbsumc.org](http://www.fbsumc.org)

Church Office	423-246-4471
Prayer Line	423-224-1544
Reservations	423-224-1502
Child Care Ctr	423-224-1527
Fax Number	423-246-1361

# THE SPITRES

a weekly publication of FBSUMC

## A Message from Our Senior Pastor . . .

During my time here at First Broad Street I have had the privilege of working with some of the best lay leadership in the United Methodist connection. Many serve on standing committees of the church; many have led short-term project teams; and others lead in their Sunday School classes, small groups, and in the community beyond the walls. Others, I will get to know as our relationship continues into the future. I am grateful for your leadership!

Over the last two Sundays, our Lay Leader for 2012, Russ Brogden has brought a message in each of our five Sunday morning worship services in this sermon series: "It's About The Choices We Make." Two weeks ago he had the message "Choosing Fun Over Drudgery," and last Sunday it was "Choosing Bold Over Mild." Yesterday, Russ shared four ways in which we must choose to be bold in this pivotal time in our church:

1. Bold in Belief
2. Bold in Our Mission
3. Bold in Risk-Taking, and
4. Bold in our faith that God will be with us.

Paul Nixon says, "Bold doesn't get any bolder than Jesus . . .that will engage people like nothing else on the planet." It's easy for us to forget why we're here as the church. We are here because Jesus came to save us . . . to help us find our way back to God. We're here to help people find that same saving relationship. As we take our next steps, it is appropriate for us to ask, "How does this help us make disciples?" "Is this important in helping people find their way back to God?"

In the contemporary worship services I used the image of "Adventure" from the movie "Up." This congregation has been on a 100-year-long adventure. It did not get to be what it is today without the boldness of men and women who saw God's Kingdom vision/adventure for their lives here in Kingsport. The adventure of the last 100 years was a great one. The New Adventure is The Next 100 Years.

Choose bold over mild!

With my love and prayers, *Andy W. Furwater*

### LEADERS AND OFFICERS FOR 2012

Copies of the list of Leaders and Officers for 2012 of FBSUMC are located on the table outside the main office/receptionist window. Please feel free to pick one up.



Join us for the next topic in our sermon series,  
"It's about the Choices We Make."  
On February 5, we will discuss "Choosing Frontier over Fortress."  
We look forward to seeing you.

## Recently Hospitalized . . .

**Holston Valley:** Marie Rose Kay, Sylvia Sifferd, Marcia Lin, Edna Heglar

**Wake Forest Baptist Medical Center:** Harris Stephens

**VA Medical Center:** Roger Hicks

**Discharged:** Beulah Hilliard, Joan "Ellen" Hall, Linda Pyle, Mary Sue Still, John Childress, James Ketron, Beth Dunnivant and baby, Denise Gilly and baby, Laura Metcalf and baby

### *Sympathy is expressed to . . .*

the family of **Ethelee Phillips** on the death of her mother, **Ina Marie Trent**, who died January 27



Congratulations to **Beau and Beth Dunnivant** on the birth of their son, **Joseph Wilson Dunnivant**, who was born January 25; **Jake and Denise Gilly** on the birth of their daughter, **Lucy Gilly**, who was born January 27; and **Aaron and Laura Metcalf** on the birth of their son, **Cohen Michael Metcalf**, who was born January 28.

## Grief ♥ Recovery

### Winter Grief Recovery Support Group

The winter Grief Recovery Support Group will begin on Tuesday, February 21, at 5:30 p.m. in the Library. If you have lost a loved one in 2011 (or later) and are having trouble dealing with your grief, Grief Group is a good place to be. There are six required sessions which are facilitated by Ann VandeVate, grief counselor, and John Wilson, former hospice chaplain. Call John at 224-1546 to register.

### Safe Sanctuary Training

In 2012, everyone who has been trained in Safe Sanctuary and anyone who would like to be trained will need to attend a class this year to be certified. Training sessions offered are as follows:

**Wednesday, February 8** at 6:15 p.m. in room L41. Nursery and children's activities are available.

**Wednesday, February 15** at 6:00 p.m. at Grange Hall UMC, 5373 Carters Valley Rd. Church Hill, TN. Offered through the Kingsport District. RSVP to 224-1533 or [kptdist@holston.org](mailto:kptdist@holston.org). Gaye King, Conference Office, will be the presenter.

**Sunday, March 11** at 12:00 noon, in room 234. A light lunch will be served.

**Wednesday, March 28** at 6:15 p.m. in room L 41. Nursery and children's activities are available.

**Sunday, February 26** at 9:30 a.m. in room 232. Families in Christ is sponsoring a training during the Sunday school hour and anyone needing training is invited to attend.

Additional sessions will be announced as needed. Please choose a session and RSVP to Margaret Deans at 224-1513 or [mdeans@fbsumc.org](mailto:mdeans@fbsumc.org).

Chancel Arrangements . . .



The Chancel Arrangements will be to the glory of God.

## February 5, 2012 Worship

**8:30, 9:40, and 10:45 a.m. Traditional Worship**

(Sanctuary) Mickey Rainwater

**8:30 and 10:45 Contemporary Worship**

"The Connection" (Fellowship Hall)

Will Lauderback

**Sermon Series:**

**"It's about the Choices We Make"**

**Scripture:** Numbers 13: 26-33

**Message:** *Choosing Frontier over Fortress*

Sunday School - 9:30 a.m.

"Joy" TV Ministry: \*see below

Radio Broadcast: 10:00 a.m., WKPT (1400 AM)

### \*To Watch JOY TV

We are broadcasting Sunday 9:30 a.m.;

Tuesday 2:30 p.m.; Wednesday 6:30 p.m.;

Saturday 7:30 a.m. on Comcast Systems:

Abingdon, VA Ch. 2; Bristol and Gray Ch. 14

and on Charter Systems:

Ch. 13 Johnson City, Kingsport, Rogersville

### Our Father's Place--4:00 p.m. in Chapel

Message: Mary Lee Bagwell

### Evening Worship--6:00 p.m. in Chapel

Scripture: Mark 1: 29-39

Message: *A Lift for Your Life*  
Jack Edwards

### January 29, 2012 Attendance

Morning Worship	831
Our Father's Place	13
Evening Worship	35
Total Worship	879
Sunday School	594

### Lunch Bunch

The Lunch Bunch will go to MeadowView Conference and Convention Center in Kingsport on February 17. The bus will *leave* the Wanola parking lot at 11:00 a.m.

### Bring One Items

Bring One items for the week of Sunday, February 5, will be cash or checks for the communion offering baskets. The items for the week of Sunday, February 12, will be cereal and/or powdered or evaporated milk. Thank you.

### Feb. Forever Young Gathering

The Feb. 28 Gathering will feature the Patti Quarles Trio. The theme is "love" for Valentine's Day.

*Thank you very much for your support of the Colledge Valentine Ministry. 148 college students will enjoy a Starbucks gift card due to your generosity. --Nate Collins*

# JOHN'S ISLAND FUNDRAISER DINNER

— PRESENTED BY FIRST BROAD STREET HIGH SCHOOL YOUTH —

**FEBRUARY  
10 OR 11  
7 PM**



**COST:  
\$20 PER  
PERSON**

**ALL PROCEEDS GO  
TOWARDS THE JOHNS  
ISLAND MISSION TRIP!**

**AN EVENT FOR COUPLES, FRIENDS, SUNDAY SCHOOL CLASSES, AND FAMILY!**

## **COMING IN FEBRUARY!**

**THE JOHN'S ISLAND DINNER IS BACK! OUR SEVENTH ANNUAL DINNER WILL ONCE AGAIN FEATURE MASTER CHEF SPARKY DYSON AND HIS AMAZING MENU (HE HAS SOMETHING NEW AND SPECIAL PLANNED THIS YEAR!) ON FEBRUARY 10 OR 11 YOU CAN EXPERIENCE A NIGHT OF ENCHANTMENT WITH YOUR FRIENDS AND FAMILY! THIS EVENT GETS BETTER EVERY YEAR AND WE HOPE YOU WILL JOIN US. ALL PROCEEDS FROM THIS DINNER HELPS MAKE THE JOHN'S ISLAND TRIP A WONDERFUL EXPERIENCE FOR HIGH SCHOOL YOUTH.**

**(CHILDCARE WILL BE AVAILABLE FREE BOTH NIGHTS FOR KIDS 4 AND UNDER.)**

**RESERVATIONS ARE DUE FEBRUARY 6 BY NOON. CALL 224-1502 AND LET THEM KNOW WHICH NIGHT YOU ARE COMING AND IF YOU NEED CHILDCARE AS WELL.**

**MAKE YOUR RESERVATIONS SOON!**

**WE SOLD OUT LAST YEAR!**



# Memorial Contributions



## *In Memory Of*

### GENERAL

**Bob Woodham, Archie Stice, Matt Boggan, Mark Carty**-by Charley and Patsy Brooks

**Doug Coleman**-by Betsy Schrum, Odell Davis, Mr. and Mrs. Robert Clear, Dr. and Mrs. Charles Guest, Mr. and Mrs. Carl Marcum, Mr. and Mrs. John Randall

**Janet Barnes**-by Mr. and Mrs. Emerson Sharpe

**Eleanor Cox**-by Barbara Payne, Mr. and Mrs. Tom Dossett, Pat Coleman, Mr. and Mrs. Otis Bridwell, Mr. and Mrs. Bill Thomsen, Pat Terrill, Dr. and Mrs. J.A. Straley, Mr. and Mrs. Richard Baker, Mr. and Mrs. Patrick Kirby, Mr. and Mrs. Dorman Stout, Simeon Eaves, Jr., members of Pairs and Spares Sunday School, Mr. and Mrs. John Miller, Peg Norris, Sharron Austin, George Chandler, Mr. and Mrs. Ridley Ruth, Mr. and Mrs. Tom Woodruff, Mr. and Mrs. Stewart Taylor

**Eleanor Cox and Bonnie Marshall**-by Mr. and Mrs. Richard Thompson, Trixie Stringer, Mr. and Mrs. Rick Russell

**Eleanor Cox and Ross Johnson**-by Nancy Gideon

**Bonnie Marshall and Doug Coleman**-by Pairs and Spares

**Bonnie Marshall**-by Joyce George, Mr. and Mrs. Edward Holden

**Ruth Bachman**-by Louise Ammons, Mr. and Mrs. Bob Clear, Margaret, Zane, Hugh, and Carl Scott

**Doug Coleman and Eleanor Cox**-by Mr. and Mrs. Gene Archer, Mr. and Mrs. Bob West

**Eleanor Cox and Archie Stice**-by Mr. and Mrs. Witt Langstaff

**Betty Lou Shearer**-by Mr. and Mrs. Tom Torbert

### BUILDING

**Betty Lou Shearer**-by Dr. and Mrs. Louis Moore

**Jack Musick and Doug Coleman**-by Mr. and Mrs. Alvin Carter

### WEDDING COMMITTEE

**Jack Musick**-by Mr. and Mrs. James Crowell

### MUSIC

**Bonnie Marshall**-by Mr. and Mrs. Raymond Blair

### FRIENDSHIP DINER

**Archie Stice**-by Mr. and Mrs. Emerson Sharpe, Mr. and Mrs. Ray Flynn, Maisel Colley

**Eleanor Cox**-by Mr. and Mrs. Phil Skeen

**Adam Lively**-by Mr. and Mrs. Doug Lively

### FOOD

**Eleanor Cox**-by Mr. and Mrs. Steve Kilgore, Mr. and Mrs. Ed McDaniel

**Doug Coleman**-by Mr. and Mrs. Raymond Blair

### CARPENTER'S HELPERS

**Evelyn Starnes**-by Trixie Stringer, Louise Ammons, Lorraine McGee, Mr. and Mrs. Bob West

**Doug Coleman**-by Charles E. Cox

### SCHOLARSHIPS

**Eleanor Cox, Bonnie Marshall, Doug Coleman**-by Mr. and Mrs. Al Stone

**Evelyn Starnes**-by Mr. and Mrs. Ed McDaniel

### ALTAR GUILD

**Eleanor Cox, Bonnie Marshall**-by Mr. and Mrs. Raymond Blair

**Doug Coleman**-by Sara Kelly and high school friends

**Eleanor Cox**-by Mr. and Mrs. Thomas Hammock, Louise Ammons

### LIBRARY

**Doug Coleman**-by Mr. and Mrs. Bob Dorr

## *In Honor Of*

### VORU UMC

**Mike Todd**-by Karen Todd

### GENERAL

**Jack Weikel**-by Pat Coleman

**Louise Ammons, Bob Garver, and Flames of Faith**-by the John Marshall family

*To give a memorial in honor or memory of a friend or loved one, please mail your check to the Finance Office at P.O. Box 1346, Kingsport, TN, 37662 and mark "memorial" on the memo line of your check.*

## Reading the Bible Together . . .

### February 12

Isaiah 40:21-31

Psalm 147:1-11, 20c

1 Corinthians 9:16-23

Mark 1:29-39

Read our scripture carefully this week, paying close attention to all the questions that are asked in each passage. God is asking the questions in Isaiah. "Have you not heard?..Who is my equal? says the Holy One." Rather than signaling some doubtfulness on the part of the faithful, questions help us hone our experiences with God most fully, so that we may respond with joyful affirmation that God is in all, over all, around all with steadfast love.

## Wednesday Nights 5:30 p.m. -- Feb. 8

Program: Newlywed Game with Les Heaton

Menu: grilled steak, baked potato, tossed salad, roll, dessert

Make your dinner reservations by calling

224-1502 by noon on Tuesday. Reservations are requested but not required.

Adults: \$6; Children 5-11 years: \$3;

Under 5: Free; Family Maximum: \$25

## Single Vision

Join Single Vision on Monday, Feb. 6, for the monthly movie night. The movie has not been selected yet, but it will be appropriate for the season, fun, and uplifting. Free popcorn and drinks will be provided. No reservations are required.

## New Small Groups Beginning in February

The Young Women's Bible Study Group will begin a new study on February 7, and invites interested young women to join them. The group will read and discuss the book "Simply Relevant: Savor the Moments" by Amber Van Schooneveld. Come and enjoy stimulating discussion around Biblical themes, as well as learn some cooking tips and recipes from Gail Dyson. All young women, single or married, are invited. A nursery will be provided at the Tencer's home.

Tuesdays, February 7, 2012 – ongoing at Tencer's home, 1209 Sussex Drive from 7:00 – 8:30 p.m. Call Lisa Tencer at 288-9011 for directions and information.

Spirituality and the Arts: Creativity and Transformation. Materials and experience will be focused on creativity and art to explore spirituality and deepening our relationship with God. Each group session will have a creative experiential with small individual assignments through the week to explore and deepen into their relationship with God.

Tuesdays, February 7 – February 28, 2012 from 12:00 noon – 1:00 p.m. in room 233. Facilitated by Sybil R. Smith, LPC-MHSP (info@sybilrsmith.com).

Parent to Parent – a new small group offering beginning Wednesday, February 1 – March 14, 2012 at 6:15 – 7:15 p.m. in room L 37. Resources will include Christian Parenting: Raising Children in the Real World, Parenting in a Text Messaging World, and Nine Ways to Bring Out the Best in You and Your Child. Discussion and reflection will be a help to any adult engaged in parenting, including grandparents, single parents and parenting couples. Enjoy Wednesday Night Dinner with your children, and then come to this small group. Facilitated by Margaret Deans.

## Go Red for Women

sponsored by the American Heart Association



*Wear red in support  
of women's heart  
health on Feb. 5!*

In 2004, the American Heart Association (AHA) faced a challenge. Cardiovascular disease claimed the lives of nearly 500,000 American women each year, yet women were not paying attention. In fact, many even dismissed it as an "older man's disease." To dispel the myths and raise awareness of heart disease as the number one killer of women, the American Heart Association created Go Red For Women – a passionate, emotional, social initiative designed to empower women to take charge of their heart health.

Because women have been largely ignored as a specific group, their awareness of their risk of this often-preventable disease has suffered. Only 55 percent of women realize heart disease is their No. 1 killer and less than half know what are considered healthy levels for cardiovascular risk factors like blood pressure and cholesterol. The Go Red For Women movement works to make sure women know they are at risk so they can take action to protect their health.

Some heart attacks are sudden and intense — the "movie heart attack," where no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- Discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Other signs may include breaking out in a cold sweat, nausea or lightheadedness.

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

\*sources: Go Red For Women and American Heart Association websites



## Someone is praying for you!

The individuals listed below have made a commitment to pray for the people on the pages of our membership directory. For those of you who are a part of the Prayer Ministry, please contact Alice McKee by calling 239-4594 or by e-mail at [alicedmckee@gmail.com](mailto:alicedmckee@gmail.com) if there are any changes in your contact information. If you are interested in becoming a part of this vital ministry, please let Alice know.

Bob George– p.1 (Abbott – Archer)  
 Sarah Simpson– p. 2 (Armitage – Baker)  
 Margaret Kennedy – p.3 (Baldock-Begley)  
 Ann Thompson– p.4-5 (Beine-Bowlin)  
 Mae Crowe–p.6 (Boy – Hannah Brooks)  
 Karen Starnes– p.7-8 (Tyler Brooks – Carter)  
 Pam Hutchins– p. 9 (Carty – Danny Clark)  
 Linda Abbott- p. 10-11 (Katie Clark – Cox-Sisson)  
 Barbara McCants– p. 12 (Cradic – David Dean)  
 Sara Jo Bardsley– p. 13-14 (Richie Dean – Lucille Early)  
 Nancy Fritz– p. 15 (Renee Early –Epperson)  
 Gail Preslar and Milton Nelson– p. 16-17 (Ernst – Allison Fritz)  
 Joyce Russell– p. 18 (Eric Fritz –Gibbons)  
 Michael and Melanie Harris p. 19-20 (Giles-Jonathan Hagen)  
 Suzan Alley– p. 21 (Marcy Hagen –Danny Harper)  
 Cindy Lemons– p. 22-23 (William Harper-Emily Hilton)  
 Darres Carter– p. 24 (Fred Hilton-Fred Howe)  
 Benny Peace– p. 25-26 (Howle – Trish Jones)  
 Sue Hopkins– p. 27 (Paul Jones-Steve Kilgore)  
 Betty Fletcher– p. 28-29 (Wayne Kilgore-Lear)  
 Alice McKee– p. 30 (Lee – Luethke), staff, and new members  
 Debbie Wallace– p. 31-32 (Lynch- Brian McDavid)  
 Garry Myers– p. 33 (Carroll McDavid – McReynolds)  
 Bob West– p. 34-35 (McVey-Mosrie)  
 Whitney Ross– p. 36 ( Mullen – Robert Northrup)  
 Josie Reid– p.37-38 (Robert E. Northrup –Barney Pendleton)  
 Linda Martin– p. 39 (David Pendleton –Flo Pond)  
 Linda Coffey– p. 40-41 (Susan Pond – Reid)  
 Wayne Garland – p. 42-43 (Repass – Ryans)  
 Sharon Blevins- p. 44-45 (Saadeh-Siler)  
 Gail Dyson p. 46-47 (Silva-Archie Stice)  
 Betsy Geiger p. 48-49 (Joel Stice-Benjamin Thayer)  
 Duke Dukart p. 50-51 (Cinnamon Thayer – Vermillion)  
 Ann Addington- 52-53 (Vestal-Elizabeth Williams)  
 Gail Dyson – p.54-55 (Farah Williams – Zoeller)



## Spring Buds Activity Program

“Two are better than one.” Ecc. 4: 9  
 Activity program for you and a friend

Designed to encourage you to be active while having an accountability partner

Starts on Sunday, February 12

Get your brochure/log today.

Questions? Ask Joy Eastridge, RN, Parish Nurse at [jeastridge@fbsumc.org](mailto:jeastridge@fbsumc.org) or 224-1512.

First Broad Street  
 United Methodist Church  
 P.O. Box 1346  
 Kingsport, TN 37662  
 423-246-4471

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## The Coffee Ministry...

### an Inviting Ministry

Coffee mugs continue to be available for your purchase. A table will be out by the parlor on Sunday, February 12, where you can purchase our mugs and coffee. Mugs are \$10 (remember that your purchase enables us to gift two newcomers with a mug and a sample of coffee).

Happy Camper coffee beans are ordered as needed. Coffee beans are packaged in one pound bags and if you do not have a grinder, we do, and will be happy to grind the beans for you.

Thank you to Russ Jackson for heading up this ministry and making sure each Sunday, fresh ground coffee is available for us to enjoy. Cost is \$12/per pound. You may special order by contacting Nancy Tate at [ntate@fbsumc.org](mailto:ntate@fbsumc.org) or 423.224.1507. Proceeds from buying this coffee helps support our ministry and the camping ministry of Western North Carolina conference.

## Come reap the benefits of belonging to the Read ‘em and Reap Book Club at FBS!

You are invited to join the Read ‘Em and Reap Book Club from 6:15 to 7:30 p.m. in Room 141 of the Wesley Wing for refreshments and a refreshing discussion of the following books:

February 16 *The Other Wes Moore: One Name, Two Fates* by Wes Moore

March 15 *Tomorrow River* by Lesley Kagen

April 19 *Same Kind of Different As Me* by Ron Hall

May 17 *Mudbound* by Hillary Jordan

These books are available in the church library.